“DID YOU COME TO PLAY WITH ME?”
NURTURING HOPE THROUGH SIBLING PLAY AND SUPPORT

Cora Welsh, MA, CCLS
SOME PICTURES, AND A THOUSAND WORDS
LAUGHTER IS SUNSHINE FOR THE SOUL, MEDICINE FOR THE WORLD—ANON.
IS SOLACE ANYWHERE MORE COMFORTING THAN THE ARMS OF A SISTER - ALICE WALKER
FRIENDSHIP IS A SHELTERING TREE - SAMUEL TAYLOR COLLERIDGE
A MENTOR IS SOMEONE WHO ALLOWS YOU TO SEE THE HOPE INSIDE YOURSELF—OPRAH WINFREY
WHERE YOU THERE IS LOVE, THERE IS HOPE-
ALLAN STRATTON
EACH FAMILY’S STORY EMBODIES ITS HOPE AND DESPAIR—AUGUSTE NAPIER
WHAT THE LITERATURE TELLS US

Siblings are at high risk for:

- Depression
- Neglect (from parents, other adult caregivers)
- Poor health outcomes
- Addiction issues
- School problems
HOW TO PUT IT INTO PRACTICE