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Student athletes on intercollegiate teams make up almost a third of the students at Colby, and during the 2013-14 academic year they brought honor to the College through their athletic accomplishments (nine All-Americans, 36 All-NESCAC citations), their academic prowess (10 elected to Phi Beta Kappa and numerous recipients of academic department awards), and their campus leadership (Student Government Association members and all-campus award recipients). This booklet compiles many of the athletic, civic, and scholarly achievements recognized among Colby’s scholar-athletes last year.

**Jared Beers ’01 Named NESCAC Coach of the Year**

Just three years ago men’s cross country finished last at the NESCAC championship meet. Today, everything’s different. By instituting incremental improvements and focusing on progress, Jared Beers ’01 coached the team to fifth place at the conference meet in 2013, earning himself NESCAC coach of the year honors. His team continued its momentum, placing sixth at Division III regionals and 22nd at the NCAA meet—-the first men’s cross-country team appearance at an NCAA championship event in program history.

**Field Hockey Earns Fifth Seed in Tournament**

Field hockey coach Tina Cormier’s team made a huge jump in the NESCAC standings, and the field hockey program earned its first NESCAC playoff berth since 2008. With a regular-season record of 9-5 (5-5 in conference play), the Mules earned the fifth seed in the tournament. Colby fell to Middlebury (13-2) in NESCAC first-round play.

Several key players return for 2014, including Sarah Evans ’16 and Megan Fortier ’16, who both made all-league selections for the NESCAC and New England West. Evans was also the first Colby field hockey player in program history to be named a first-team All-American.

**Women’s Alpine Skiing Places Sixth at NCAA Championships**

Senior lacrosse player Katharine Eddy ’14 ranked atop the NESCAC in assists (33) and points (67) leading Colby to the NCAA Division III quarterfinals.

Eddy rebounded from a serious sophomore-year injury to earn NESCAC second-team honors as a junior, making an impact on an already-talented women’s lacrosse team. Eddy was capped her college career by being named an IWLCA First-Team All-American and a National Strength and Conditioning Association All-American, and she received Colby’s Pamela Hoyt-Sanborn Award for sportsmanship and leadership.

**Katharine Eddy ’14 Named NESCAC Lacrosse Player of the Year**

Photo (L to R): NCAA qualifiers Jeanne Barthold ’15, Mardi Haskell ’17, and Paige Whistler ’16 and Coach Danny Noyes ’02 at the NCAA Championships hosted by the University of Utah in Park City.

The Colby women’s alpine ski team experienced one of the best years in program history, posting an impressive seven podium finishes as a team. Their regular-season highlight came when Colby sat atop the podium, taking first place as a team in giant slalom at its home mountain, Sugarloaf. The win marked the program’s second EISA carnival victory since moving to Division I in 1992 and its first since 2004. Finishing sixth at NCAA nationals marked the best national ranking since 2005 for the women’s team.
EISA Women’s Top 10 Individual Results

Mardi Haskell ’17 (second in slalom at Middlebury, third in slalom at Williams, fourth in slalom at Dartmouth, fifth in slalom at University of Vermont, fifth in giant slalom at Colby, seventh in slalom at University of New Hampshire).

Jeanne Barthold ’15 (third in giant slalom at Colby, fourth in giant slalom at Dartmouth, sixth in giant slalom at Middlebury, ninth in giant slalom at Williams)

Paige Whistler ’16 (sixth in slalom at Middlebury, eighth in slalom at Williams, ninth in slalom at University of New Hampshire)

Britt Ziebell ’14 (ninth in giant slalom at Colby)

Sierra Leavitt ’16 (ninth in slalom at Middlebury)

After 38 Years, Serdjenian Steps Down as Men’s Soccer Coach

On Nov. 14, 2013, Mark Serdjenian ’73 announced his retirement as head coach of the men’s soccer team. “As with all of us who have been kept young in spirit by coaching, I will miss the daily practices, friendships, extended alumni family, and the robust, tough, and joyful work of preparing to be the best we could be in the competitive environment of Division III soccer,” Serdjenian said.

Serdjenian, who continued on as assistant coach for the women’s lacrosse team, finished his head coaching career at Colby with a 261-230-46 record. His best season was 1993, when Colby finished 16-1-1 and won the ECAC New England Division III title. He was honored as the New England Division III coach of the year in 1990 and Maine coach of the year in 1990 and 1993.

“Mark Serdjenian has been the heart and soul of Colby men’s soccer,” said Harold Alfond Director of Athletics Marcella Zalot. “His quality as a person and the influence he has had on so many young men will be two of his many lasting legacies.”

Colby men’s soccer has had just six head coaches since the program started in 1959. New head coach Ewan Seabrook was hired to continue the Colby’s men’s soccer tradition.

Sahlberg ’15 Named All-American

Brett Sahlberg ’15 earned 2014 Capital One Academic All-American third-team honors for men’s track and field and cross country, one of only two NESCAC men’s track and field and cross-country student-athletes to make this year’s team. Pursuing a biology major with a minor in economics, Sahlberg was elected to Phi Beta Kappa as a junior after earning the Phi Beta Kappa Undergraduate Achievement Award as a sophomore. He was also a research intern for Dr. Kendra Frederick of the Whitehead Institute for Biomedical Research at the Massachusetts Institute of Technology in the summers of 2012 and 2013. At the NESCAC championship meet Sahlberg was fifth in the 400-meter hurdles after finishing third in the same event in the Maine state championships. The men’s team finished the NESCAC meet in fifth place.

Owumi ’14 Wins Colby’s Condon Medal

Colby announces one award at each year’s commencement, and this year it went to track standout Justin Owumi ’14. In May Owumi took home the Condon Medal, awarded for constructive citizenship. Owumi completed a chemistry major with a concentration in biochemistry, as well as a minor in education. In addition to competing on the track and field team, he was a leader in several campus groups, was a student representative to the Board of Trustees Admissions and Financial Aid Committee, and volunteered with Colby Cares About Kids and at Waterville Junior High School. At the NESCAC track and field championships, Owumi earned the title of NESCAC champion and All-NESCAC honors with a victory in the triple jump. He also came in fourth in the 110 hurdles.
Talent Runs Deep in First-Year Athletes
Five of Colby’s teams had athletes honored as NESCAC or league rookies of the year, promising a bright future for Colby athletics.

Mardi Haskell ’17 (alpine skiing) added EISA All-East first team to her league rookie-of-the-year award. At the NCAA Division I championships she was 12th in slalom and 20th in giant slalom.

David Chelimo ’17 (men’s cross country) finished the NESCAC championship meet in 10th place, helping the men’s team take home fifth. As the top first-year finisher, Chelimo was named NESCAC rookie of the year.

Geoff Sullivan ’17 (men’s golf) finished the NESCAC fall qualifier in fifth place, earning a first-team selection as well as rookie of the year.

Carl Reid ’17 (men’s tennis) earned NESCAC rookie of the year after being named first-team NESCAC in singles and second team in doubles. Reid went 14-0 at first singles and became the first men’s tennis player to make the NCAA tournament. He was named an All-American by finishing in the top eight at the NCAA Division III championships.

Austin Sayre ’17 (men’s lacrosse) ranked ninth in the NESCAC in conference scoring to earn NESCAC rookie-of-the-year honors.

Women’s Lacrosse Returns to Tournament
With an 11-7 record, Karen Henning’s women’s lacrosse team reached the NCAA tournament for the seventh straight year. They won two playoff games before falling to top-ranked Cortland State (22-0) in the NCAA quarterfinals. This run marks the third time in the last four years that Colby reached the quarterfinal round, and Colby ended the year ranked ninth in the nation.

Lacrosse earned recognition on the All-American list, too. NESCAC player of the year Katherine Eddy ’14 was named to the IWLCA All-American first team while teammate Lindsey McKenna ’14 was named to the second team. This marked McKenna’s third All-American award; she was also NESCAC rookie of the year in her first year. She graduated with 193 career points and was six goals short of Colby’s all-time record.
Men’s Basketball Makes Its ESPN College GameDay Debut

The Colby men’s basketball team (14-11) had an impressive seven-win improvement over the previous season and, in a thrilling upset, ended a 31-game conference winning streak by Amherst. But that wasn’t what got them airtime on ESPN. It was their bench energy.

After coach Damien Strahorn ’02 challenged his players, even those not on the court, to bring more energy to the games, creative minds and enthusiastic spirits took over. The players’ sideline celebrations gained attention, and when assistant coach Greg Rosnick teamed up with point guard Luke Westman ’16 to make a short video of the antics and post it to YouTube, the effort earned 250,000 views. That’s when the media, including ESPN, CNN-SI, CBS Sports, Deadspin, and others took notice. In April ESPN visited Mayflower Hill to film material for a College GameDay piece on celebrations.

The attention shed light on how an all-around effort, even from the bench, can energize a team. On Jan. 31 the Mules upset third-ranked Amherst, snapping the Lord Jeffs’ winning streak. Other wins over Wesleyan, Trinity, and Bates had Colby enjoying a 14-win season, doubling their number of wins from the year before.

Track and Field Nets Four Meet Champions

As hosts of the NESCAC championships, the men’s and women’s track and field teams combined for four meet champions.

The women placed fourth with victories by Alanna McDonough ’16 (3,000-meter steeplechase), Leigh Fryxell ’14 (javelin), and six other top-five finishes. Frances Onyilagha ’14 (200-meter dash), Emily Doyle ’16 (400-meter dash), Catherine McClure ’16 (10,000-meter run), and the 4x400-meter relay team (McKayla Blanch ’17, Doyle, Onyilagha, and Emily Tolman ’16) all stood on the podium in third place. Keltie Vance ’17 took fourth place in the pole vault, and Kate MacNamee ’14 was fourth in the hammer throw.

The men jumped to fifth place in the league, their best NESCAC championship result since 2004. Joining McDonough and Fryxell as conference champions were Ethan Druskat ’16 (100-meter dash) and Justin Owumi ’14 (triple jump). First-year runner David Chelimo took second place in the 1,500-meter run, Druskat returned to the podium with a second in the 200-meter dash, and the relay team of Tom Barry ’17, Pedro Caballero ’17, Chelimo, and Matt White ’14 took third in the 4x800-meter relay. Other top-five finishers were Owumi (fourth in the 110-meter hurdles), Jeff Hale ’15 (fifth in the 10,000-meter run), and Brett Sahlberg ’15 (fifth in the 400-meter hurdles).
**Colby All-Americans, 2013-2014**

Katharine Eddy ’14 Lacrosse  
Lindsey McKenna ’14 Lacrosse  
Sarah Evans ’16 Field Hockey  
Sophie Suechting ’16 Crew  
Carl Reid ’17 Tennis  
Emily Doyle ’16, Michaela Athanasopoulos ’17, Emily Tolman ’16, and Frances Onyilagha ’14 (4x400-meter relay team) Indoor Track

**Colby All-NESCAC 2013-2014**

**First Team**

Jason Buco ’15 (baseball), Pedro Caballero ’17 (track and field), David Chelimo ’17 (track and field), Kevin Clarke ’14 (track and field), Emily Doyle ’16 (track and field), Ethan Druskat ’16 (track and field), Luke Duncklee ’15 (football), Katharine Eddy ’14 (lacrosse), Sarah Evans ’16 (field hockey), Leigh Fryxell ’14 (track and field), Catherine McClure ’16 (track and field), Alanna McDonough ’16 (track and field), Lindsey McKenna ’14 (lacrosse), Frances Onyilagha ’14 (track and field), Justin Owumi ’14 (track and field), Carl Reid ’17 (tennis, singles), Geoff Sullivan ’17 (golf), Emily Tolman ’16 (track and field), Brianne Wheeler ’14 (ice hockey), Matt White ’14 (track and field).

**Second Team**

Sam Belk ’15 (crew), David Chelimo ’16 (cross country), Justin Ciero ’16 (football), Connor Clancy ’15 (football), Silas Eastman ’17 (cross country), Megan Fortier ’16 (field hockey), Caleb Harris ’15 (football), Chris Hudnu ’16 (basketball), Nick Lanza ’14 (ice hockey), Vlad Murad ’17 (tennis, doubles), Zach Padula ’15 (football), Chris Pratt ’14 (soccer), Carl Reid ’17 (tennis, doubles), CJ Smith ’16 (squash), Sophie Suechting ’16 (crew), Julie Wolpow ’16 (squash).
Senior Athletic Awards

In its 26th annual ceremony in May, the Colby Department of Athletics, in conjunction with the Colby C Club, announced winners of 10 department awards.

Lindsey McKenna '14 (lacrosse), Brianne Wheeler '14 (ice hockey, softball), Jim Ryan '14 (alpine skiing):
The Ellsworth “Bill” Millett Award for contributing the most to Colby athletics

Katherine Connolly '14 (cross country, track and field):
The Patty Valavanis Award for academic and athletic excellence and personal leadership and sportsmanship

Brendan Cosgrove '14 (ice hockey):
The Donald P. Lake Award for outstanding athletic ability, leadership, and academic accomplishment

Katherine Eddy '14 (lacrosse):
The Pamela Hoyt-Sanborn Award for sportsmanship and leadership

Russell Wilson '14 (lacrosse):
The Norman White Award for inspirational leadership and sportsmanship

Frances Onyilagha '14 (track and field):
The Marjorie D. Bither Award for academic ability, athletic ability, and leadership in athletics and on campus

Gabe Donahue '14 (basketball):
The Warren J. Finegan Award for significant contributions behind the scenes

Matt White '14 (cross country, track and field):
The Richard L. Whitmore Award for academic and athletic excellence and service to the College

Student-Athlete Recipients of All-Campus Awards

Katherine Bellerose '14 (volleyball): Phi Beta Kappa, Walker Latin American Studies Prize

W. Grey Benjamin '14 (soccer): Environmental Studies Prize, Policy

Emily Brook '15 (soccer): Arthur Galen Eustis Jr. Prize

John Burton '17 (ice hockey): Leila M. Forster Prize

Sarah Carrigan '14 (cross country, track): Psi Chi, Psychology

Connor Clancy '15 (football): Democracy and Civic Engagement, SGA Kol Harvey Award

Katherine Connolly '14 (cross country, track): Patty Valavanis Award

Brendan Cosgrove '14 (ice hockey): Breckenridge Prize, Economics; Phi Beta Kappa

Kaitlin Curran '14 (track): H.T. Hayslett Prize in Statistics; Scholar/Activist Award, Education; Phi Beta Kappa; PBK Scholaristic Achievement Award; Thomas W. Easton Prize in Biology

John Dixon '14 (Nordic skiing): Sigma Pi Sigma, Physics and Astronomy

Paul Gallagher '14 (football): Pi Sigma Alpha, Government

Devin Gibbs '14 (football): Jazz Band Prize, Music

Samuel Glaisher '15 (alpine skiing): Psi Chi, Psychology

Christopher Greenlee '14 (cross country): Phi Beta Kappa

Jonathan Kalin '14 (basketball): Democracy and Civic Engagement

Drew Kelly '15 (crew): Pi Sigma Alpha, Government

Shannon Kooser '14 (swimming): AATF Outstanding Senior in French

Jeffrey Lamson '14 (football): Jack D. Foner Prize, History

Sara LoTempio '16 (track): Davis Projects for Peace Grant; Psi Chi, Psychology

Katherine MacNamee '14 (track): Delta Phi Alpha, German

Lucas Martin '14 (tennis): Molly Seltzer Yett '26 Prize, Music; Phi Beta Kappa

Catherine McClure '16 (soccer, track): Davis Projects for Peace Grant

Megan Michie '15 (volleyball, softball): Phi Beta Kappa, PBK Scholastic Achievement

Anna Mintz '14 (lacrosse): Charles Bassett Prize, American Studies

Jessica Moore '14 (track): Delta Phi Alpha, German; German Program Award; Phi Beta Kappa; Webster Chester Biology Prize

David Murphy '14 (cross country, track): Faculty Prize, Global Studies

Janie O’Halloran '15 (soccer): Psi Chi, Psychology

Shelby O’Neill '15 (swimming): Laurie Peterson Memorial Prize, Government

Justin Owumi '14 (track): Condon Medal

Jason Ottomano '14 (tennis): Pi Sigma Alpha, Government

Kelsey Park '14 (softball): Carrie M. True Prize; Edward Colgan Prize, Psychology; Phi Beta Kappa

Samuel Parker '15 (ice hockey): Faculty Prize for Junior, Economics; LCA–Kim Miller Prize

William Randall '14 (alpine skiing): Sigma Pi Sigma, Physics and Astronomy

Brett Sahlberg '15 (track): Phi Beta Kappa, PBK Scholastic Achievement

Jonathan Sommer '14 (soccer): Entrepreneurial Alliance Business Competition; Pi Sigma Alpha, Government

Katherine Southworth '16 (swimming), Psi Chi, Psychology

Ian Tibbets '15 (track): William A. Rodgers Prize, Physics

Kylie VanBuren '15 (cross country, track): AAUW Prize, Women’s, Gender, and Sexuality Studies

Brianne Wheeler '14 (ice hockey, softball): Scholar/Activist Award, Education

Russell Wilson '14 (lacrosse): F. Harold Dubord Prize, Political Science; Phi Beta Kappa; Pi Sigma Alpha, Government
National Rankings

Women's Alpine Skiing   #6; #1 in Division III
Women's Lacrosse   #9
Men's Alpine Skiing   #13; #3 in Division III
Women's Nordic Skiing   #18; #5 in Division III
Men's Cross Country   #22
Men's Squash   #23
Women's Squash   #23
Men's Tennis   #33

NESCAC Awards

NESCAC All-Academic   256 (61 F, 96 W, 99 S)
All-NESCAC   36
NESCAC All-Sportsmanship   26
NESCAC Tourney   13