**Extraversion**

*Sociability*
1. Is outgoing, sociable.
46. Is talkative.
16r. Tends to be quiet.
31r. Is sometimes shy, introverted.

**Assertiveness**
6. Has an assertive personality.
21. Is dominant, acts as a leader.
36r. Finds it hard to influence people.
51r. Prefers to have others take charge.

**Energy Level**
41. Is full of energy.
56. Shows a lot of enthusiasm.
11r. Rarely feels excited or eager.
26r. Is less active than other people.

**Agreeableness**

*Compassion*
2. Is compassionate, has a soft heart.
32. Is helpful and unselfish with others.
17r. Feels little sympathy for others.
47r. Can be cold and uncaring.

**Respectfulness**
7. Is respectful, treats others with respect.
52. Is polite, courteous to others.
22r. Starts arguments with others.
37r. Is sometimes rude to others.

**Trust**
27. Has a forgiving nature.
57. Assumes the best about people.
12r. Tends to find fault with others.
42r. Is suspicious of others’ intentions.

**Conscientiousness**

*Organization*
18. Is systematic, likes to keep things in order.
33. Keeps things neat and tidy.
3r. Tends to be disorganized.
48r. Leaves a mess, doesn’t clean up.
Productiveness
38. Is efficient, gets things done.
53. Is persistent, works until the task is finished.
8r. Tends to be lazy.
23r. Has difficulty getting started on tasks.

Responsibility
13. Is dependable, steady.
43. Is reliable, can always be counted on.
28r. Can be somewhat careless.
58r. Sometimes behaves irresponsibly.

Negative Emotionality

Anxiety
19. Can be tense.
34. Worries a lot.
4r. Is relaxed, handles stress well.
49r. Rarely feels anxious or afraid.

Depression
39. Often feels sad.
54. Tends to feel depressed, blue.
9r. Stays optimistic after experiencing a setback.
24r. Feels secure, comfortable with self.

Emotional Volatility
14. Is moody, has up and down mood swings.
59. Is temperamental, gets emotional easily.
29r. Is emotionally stable, not easily upset.
44r. Keeps their emotions under control.

Open-Mindedness

Intellectual Curiosity
10. Is curious about many different things.
40. Is complex, a deep thinker.
25r. Avoids intellectual, philosophical discussions.
55r. Has little interest in abstract ideas.

Aesthetic Sensitivity
20. Is fascinated by art, music, or literature.
35. Values art and beauty.
5r. Has few artistic interests.
50r. Thinks poetry and plays are boring.

Creative Imagination
15. Is inventive, finds clever ways to do things.
60. Is original, comes up with new ideas.
30r. Has little creativity.
45r. Has difficulty imagining things.