

**CHRISTOPHER J. SOTO**  
Associate Professor of Psychology  
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### **ACADEMIC POSITIONS**

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Associate Professor of Psychology, Colby College	2015–Present
Assistant Professor of Psychology, Colby College	2009–2015
Postdoctoral Fellow, University of California, Berkeley	2008
Adjunct Instructor in Psychology, California State University, East Bay	2007

### **EDUCATION**

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Ph.D., Social and Personality Psychology, University of California, Berkeley	2002–2008
B.A., Psychology, magna cum laude with highest honors, Harvard College	1996–2000

### **RESEARCH INTERESTS**

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Personality structure: How people’s specific habits of thinking, feeling, and behaving cohere into broader personality traits.

Personality development: How and why people’s personality traits change across the life span.

Personality and life outcomes: How people’s personality traits influence their subjective well-being, political attitudes, and other outcomes.

Psychological assessment: Methods for assessing individual differences in cognitive, emotional, and behavioral characteristics.

### **PUBLICATIONS: PEER-REVIEWED JOURNAL ARTICLES**

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- Soto, C. J.** (in press). Do links between personality and life outcomes generalize? Testing the robustness of trait-outcome associations across gender, age, ethnicity, and analytic approaches. *Social Psychological and Personality Science*.
- Soto, C. J.**, Napolitano, C. M., & Roberts, B. W. (in press). Taking skills seriously: Toward an integrative model and agenda for social, emotional, and behavioral skills. *Current Directions in Psychological Science*.
- Danner, D., Lechner, C. M., **Soto, C. J.**, & John, O. P. (in press). Modeling the incremental value of personality facets: the domains-incremental facets-acquiescence bifactor model (DIFAB). *European Journal of Personality*.

- Vedel, A. Wellnitz, K. B., Ludeke, S., **Soto, C. J.**, John, O. P., & Andersen, S. C. (in press). Development and validation of the Danish Big Five Inventory-2: Domain- and facet-level structure, construct validity, and reliability. *European Journal of Psychological Assessment*.
- Anderson, C., Sharps, D. L., **Soto, C. J.**, & John, O. P. (2020). People with disagreeable personalities (selfish, combative, and manipulative) do not have an advantage in pursuing power at work. *Proceedings of the National Academy of Sciences*, *117*, 22780-22786.
- Denissen, J. J. A., Geenen, R., **Soto, C. J.**, John, O. P., & van Aken, M. A. G. (2020). The Big Five Inventory-2 (BFI-2): Replication of psychometric properties of the Dutch adaptation and first evidence for the discriminant predictive validity of the facet scales. *Journal of Personality Assessment*, *3*, 309-324.
- Halama, P., Kohút, M., **Soto, C. J.**, & John, O. P. (2020). Slovak adaptation of the Big Five Inventory (BFI-2): Psychometric properties and initial validation. *Studia Psychologica*, *62*, 74-87.
- Hřebíčková, M., Jelínek, M., Květon, P., Benkovič, A., Botek, M., Sudzina, F., **Soto, C. J.**, & John, O. P. (2020). Pětifaktorový dotazník BFI-2: Hierarchický model s 15 subškálami [Five-factor questionnaire BFI-2: Hierarchical model with 15 subscales.] *Ceskoslovenska Psychologie*, *64*, 437-460.
- Kohút, M., Halama, P., **Soto, C. J.**, & John, O. P. (2020). Psychometric properties of Slovak short and extra-short forms of Big Five Inventory-2 (BFI-2). *Československá psychologie*, *64*, 550-563.
- Rammstedt, B., Danner, D., **Soto, C. J.**, & John, O. P. (2020). Validation of the short and extra-short forms of the Big Five Inventory-2 (BFI-2) and their German adaptations. *European Journal of Psychological Assessment*, *36*, 149-161.
- Shchebetenko, S., Kalugin, A., Mishkevich, A., **Soto, C. J.**, & John, O. P. (2020). Measurement invariance and sex and age differences of the Big Five Inventory-2: Evidence from the Russian version. *Assessment*, *27*, 472-486.
- Soto, C. J.** (2019). How replicable are links between personality traits and consequential life outcomes? The Life Outcomes of Personality Replication Project. *Psychological Science*, *30*, 711-727.
- Soto, C. J.**, & John, O. P. (2019). Optimizing the length, width, and balance of a personality scale: How do internal characteristics affect external validity? *Psychological Assessment*, *31*, 444-459.
- Danner, D., Rammstedt, B., Bluemke, M., Lechner, C., Berres, S., Knopf, T., **Soto, C. J.**, & John, O. P. (2019). Das Big-Five Inventar 2: Validierung eines Persönlichkeitsinventars zur Erfassung von 5 Persönlichkeitsdomänen und 15 Facetten [The Big Five Inventory-2:

Validating a personality inventory to capture 5 personality domains and 15 facets]. *Diagnostica*, 65, 121-132.

Malka, A., Lelkes, Y., & **Soto, C. J.** (2019). Are cultural and economic conservatism positively correlated? A large-scale cross-national test. *British Journal of Political Science*, 49, 1045-1069.

**Soto, C. J.**, & John, O. P. (2017). The next Big Five Inventory (BFI-2): Developing and assessing a hierarchical model with 15 facets to enhance bandwidth, fidelity, and predictive power. *Journal of Personality and Social Psychology*, 113, 117-143.

**Soto, C. J.**, & John, O. P. (2017) Short and extra-short forms of the Big Five Inventory–2: The BFI-2-S and BFI-2-XS. *Journal of Research in Personality*, 68, 69-81.

Mõttus, R., **Soto, C. J.**, & Slobodskaya, H. (2017). Are all kids alike? The magnitude of individual differences in personality characteristics tends to increase from early childhood to early adolescence. *European Journal of Personality*, 31, 313-328.

**Soto, C. J.** (2016). The Little Six personality dimensions from early childhood to early adulthood: Mean-level age and gender differences in parents' reports. *Journal of Personality*, 84, 409-422.

Malka, A., Osborne, D., **Soto, C. J.**, Greaves, L., Sibley, C. G., & Lelkes, Y. (2016). Binding moral foundations and the narrowing of ideological conflict to the traditional morality domain. *Personality and Social Psychology Bulletin*, 42, 1243-1257.

**Soto, C. J.** (2015). Is happiness good for your personality? Concurrent and prospective relations of the Big Five with subjective well-being. *Journal of Personality*, 83, 45-55.

**Soto, C. J.**, & Tackett, J. L. (2015). Personality traits in childhood and adolescence: Structure, development, and outcomes. *Current Directions in Psychological Science*, 24, 358-362.

Malka, A., & **Soto, C. J.** (2015). Rigidity of the economic right? Menu-independent and menu-dependent influences of psychological dispositions on political attitudes. *Current Directions in Psychological Science*, 24, 137-142.

**Soto, C. J.**, & John, O. P. (2014). Traits in transition: The structure of parent-reported personality traits from early childhood to early adulthood. *Journal of Personality*, 82, 182-199.

Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2014). Do needs for security and certainty predict cultural and economic conservatism? A cross-national analysis. *Journal of Personality and Social Psychology*, 106, 1031-1051.

- Soto, C. J., & Luhmann, M.** (2013). Who can buy happiness? Personality traits moderate the effects of stable income differences and income fluctuations on life satisfaction. *Social Psychological and Personality Science*, *4*, 47-54.
- Soto, C. J., & John, O. P.** (2012). Development of Big-Five domains and facets in adulthood: Mean-level age trends and broadly versus narrowly acting mechanisms. *Journal of Personality*, *80*, 881-914.
- Soto, C. J., John, O. P., Gosling, S. D., & Potter, J.** (2011). Age differences in personality traits from 10 to 65: Big Five domains and facets in a large cross-sectional sample. *Journal of Personality and Social Psychology*, *100*, 330-348.
- Malka, A., & Soto, C. J.** (2011). The conflicting influences of religiosity on attitude toward torture. *Personality and Social Psychology Bulletin*, *37*, 1091-1103.
- Malka, A., Soto, C. J., Cohen, A. B., & Miller, D. T.** (2011). Religiosity and social welfare: Competing influences of cultural conservatism and prosocial value orientation. *Journal of Personality*, *79*, 763-792.
- Orth, U., Robins, R. W., & Soto, C. J.** (2010). Tracking the trajectory of shame, guilt, and pride across the life span. *Journal of Personality and Social Psychology*, *99*, 1061-1071.
- Soto, C. J., & John, O. P.** (2009a). Ten facet scales for the Big Five Inventory: Convergence with NEO PI-R facets, self-peer agreement, and discriminant validity. *Journal of Research in Personality*, *43*, 84-90.
- Soto, C. J., & John, O. P.** (2009b). Using the California Psychological Inventory to assess the Big Five personality domains: A hierarchical approach. *Journal of Research in Personality*, *43*, 25-38.
- Soto, C. J., John, O. P., Gosling, S. D., & Potter, J.** (2008). The developmental psychometrics of Big Five self-reports: Acquiescence, factor structure, coherence, and differentiation from ages 10 to 20. *Journal of Personality and Social Psychology*, *94*, 718-737.
- Helson, R., & Soto, C. J.** (2005). Up and down in middle age: Monotonic and nonmonotonic changes in roles, status, and personality. *Journal of Personality and Social Psychology*, *89*, 194-204.

#### **PUBLICATIONS: HANDBOOK CHAPTERS AND ADDITIONAL PUBLICATIONS**

- Soto, C. J.** (2020). Commentary: Four confessions from a Big Fiver about a six-dimensional model of personality traits. *European Journal of Personality*, *34*, 549-550.
- Soto, C. J., & Jackson, J. J.** (2020). Five-factor model of personality. In Dana S. Dunn (Ed.), *Oxford Bibliographies in Psychology*. New York, NY: Oxford.

Federico, C. M., Johnston, C. D., Lavine, H., Lelkes, Y., Malka, A., & **Soto, C. J.** (2020). Will the coronavirus make conservatives love government spending? <https://www.washingtonpost.com/politics/2020/04/15/will-coronavirus-make-conservatives-love-government-spending>

**Soto, C. J.** (2018). Big Five personality traits. In M. H. Bornstein, M. E. Arterberry, K. L. Fingerman, & J. E. Lansford (Eds.), *The SAGE encyclopedia of lifespan human development* (pp. 240-241). Thousand Oaks, CA: Sage.

**Soto, C. J.**, & Sheets, E. S. (2018). Commentary: Moving toward an integrative understanding of personality disorder: It's about time. *European Journal of Personality*, *32*, 587-588.

**Soto, C. J.** (2016). Personality can change over a lifetime, and usually for the better. *NPR Health Shots*. <https://www.npr.org/sections/health-shots/2016/06/30/484053435/personality-can-change-over-a-lifetime-and-usually-for-the-better>

**Soto, C. J.**, Kronauer, A.,\* & Liang, J. K.\* (2016). Five-factor model of personality. In S. K. Whitbourne (Ed.), *Encyclopedia of adulthood and aging* (Vol. 2, pp. 506-510). Hoboken, NJ: Wiley.

Danner, D., Rammstedt, B., Bluemke, M., Treiber, L., Berres, S., **Soto, C. J.**, & John, O.P. (2016). *Die deutsche Version des Big Five Inventory 2 (BFI-2)*. [The German version of the Big Five Inventory–2 (BFI-2).] *Zusammenstellung sozialwissenschaftlicher Items und Skalen*.

Malka, A., & **Soto, C. J.** (2014). Commentary: How encompassing is the effect of negativity bias on political conservatism? *Behavioral and Brain Sciences*, *37*, 320-321.

John, O. P., Naumann, L., & **Soto, C. J.** (2008). Paradigm shift to the integrative Big Five taxonomy: History, measurement, and conceptual issues. In O. P. John, R. W. Robins, & L. A. Pervin (Eds.), *Handbook of personality: Theory and research* (3rd ed., pp. 114-158). New York, NY: Guilford.

John, O. P., & **Soto, C. J.** (2007). The importance of being valid: Reliability and the process of construct validation. In R. W. Robins, R. C. Fraley, & R. F. Krueger (Eds.), *Handbook of research methods in personality psychology* (pp. 461-494). New York, NY: Cambridge University Press.

Helson, R., **Soto, C. J.**, & Cate, R. A. (2006). From young adulthood through the middle ages. In D. K. Mroczek & T. D. Little (Eds.), *Handbook of personality development* (pp. 337-352). Hillsdale, NJ: Erlbaum.

\* indicates a student author.

## **SYMPOSIUM AND COLLOQUIUM PRESENTATIONS**

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- Soto, C. J.** (2020, September). How robust is personality research? *Testing the replicability and generalizability of trait-outcome associations*. Colloquium presented at Colby College, Waterville, ME.
- Danner, D., Lechner, C., **Soto, C. J.**, & John, O. P. (2020, September). *Der Mehrwert von Persönlichkeitsfacetten gegenüber Domänen: Das DFAB Modell [The added value of personality facets compared to domains: The DFAB model]*. Paper to be presented at the biennial meeting of the German Psychological Society and the Austrian Society of Psychology, Vienna, Austria.
- Napolitano, C. M., Budesheim, E., **Soto, C. J.**, & Roberts, B. W. (2020, March). *The BESSI: A comprehensive taxonomy and measure of socioemotional skills*. Paper accepted for presentation at the annual meeting of the Society for Research on Adolescence, San Diego, CA.
- Soto, C. J.** (2019, November). *Personality traits across the life span: How they develop and why they matter*. Colloquium presented at the University of New Hampshire, Durham, NH.
- Soto, C. J.** (2019, October). *Personality traits across the life span: How they develop and why they matter*. Colloquium presented at the University of Massachusetts, Amherst, MA.
- Soto, C. J.** (2019, June). *How replicable are links between personality traits and consequential life outcomes? The Life Outcomes of Personality Replication Project*. Paper presented at the biennial meeting of the Association for Research in Personality, Grand Rapids, MI.
- Soto, C. J.** (2019, May). *How replicable are links between personality traits and consequential life outcomes? The Life Outcomes of Personality Replication Project*. Invited paper presented at the annual meeting of the Association for Psychological Science, Washington, DC.
- Soto, C. J.** (2019, March). *How replicable are links between personality traits and consequential life outcomes? The Life Outcomes of Personality Replication Project*. Invited paper presented at the International Conference on Psychological Science, Paris, France.
- Soto, C. J.** (2018, September). *The Big Five Inventory–2: Development, validation, and current research*. Invited paper presented at the 2018 meeting of the Francophone Association of Studies and Research on Personality Disorders, Mons, Belgium.
- Soto, C. J.** (2018, July). *How replicable are links between personality traits and consequential life outcomes? The Life Outcomes Of Personality Replication Project*. Paper presented at the European Conference on Personality, Zadar, Croatia.
- Soto, C. J.**, Tackett, J. L., & John, O. P. (2017, June). *Measuring the Big Five in little kids: Developmental trends in the properties of youth self-reports and parent-reports on the Big*

*Five Inventory-2*. Paper presented at the biennial meeting of the Association for Research in Personality, Sacramento, CA.

Malka, A., Lelkes, Y., & **Soto, C. J.** (2017, June). *Cross-national differences in political attitude structure: On the prevalence of protection vs. freedom attitude organization*. Paper presented at the annual meeting of the International Society of Political Psychology, Edinburgh, Scotland.

Bourne, K.,\* Grant, S.,\* Perlmutter, J.\*, & **Soto, C. J.** (2017, January). *Who I am with you: Friends shift toward a friendship-specific personality*. Paper presented at the SPSP Close Relationships Preconference, San Antonio, TX.

Malka, A., Lelkes, Y., & **Soto, C. J.** (2017, January). *Cross-national differences in political attitude structure: On the prevalence of protection vs. freedom attitude organization*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

**Soto, C. J.**, & John, O. P. (2016, September) *Effects of scale length, width, and balance on external validity: Illustrations using the BFI-2*. Paper presented at a European Association of Personality Psychology expert meeting on personality assessment, Oostduinkerke, Belgium.

Danner, D., Rammstedt, B., Soto, C. J., & John, O. P. (2016, September). *Die deutsche Version des BFI-2 - Adaptation und Validierung [The German version of the BFI-2: Adaptation and validation]*. Paper presented at the biennial meeting of the German Psychological Society, Leipzig, Germany.

Rammstedt, B., Danner, D., **Soto, C. J.**, & John, O. P. (2016, July). *The German version of the BFI-2: Adaptation and validation*. Paper presented at the European Conference on Personality, Timisoara, Romania.

**Soto, C. J.**, Tackett, J. L., & John, O. P. (2016, April). *Using the Big Five Inventory-2 to describe youth personality traits: Measurement properties, hierarchical structure, and predictive power*. Paper presented at the World Conference on Personality, Buzios, Brazil.

**Soto, C. J.**, & John, O. P. (2016, January). *The next Big Five Inventory (BFI-2): Assessing personality domains and facets to enhance bandwidth, fidelity, and predictive power*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2016, January). *Rigidity of the economic right? A large-scale cross-national study*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

**Soto, C. J.**, & John, O. P. (2015, June). *Conceptualization, development, and initial validation of the Big Five Inventory-2*. Paper presented at the biennial meeting of the Association for Research in Personality, St. Louis, MO.

**Soto, C. J.** (2015, May). *Is happiness good for your personality? Concurrent and prospective relations of the Big Five with subjective well-being*. Paper presented at the annual meeting of the Association for Psychological Science, New York, NY.

Wylie, M., & **Soto, C. J.** (2015, May). *How perfect are you? Exploring the link between perfectionism, self-esteem, and response to feedback across multiple domains*. Paper presented at Mainely Data, Biddeford, ME.

**Soto, C. J.** (2014, July). *The Little Six personality traits from early childhood into early adulthood: Mean-level age and gender differences in parents' reports*. Paper presented at the European Conference on Personality, Lausanne, Switzerland.

Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2014, July). *Do needs for security and certainty predict cultural and economic conservatism? A cross-national analysis*. Paper presented at the annual meeting of the International Society for Political Psychology, Rome, Italy.

**Soto, C. J.** (2014, April). *When, how, and why does personality change?* Colloquium presented at Colby College, Waterville, ME.

Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2014, February). *Dispositional predictors of cultural and economic conservatism: The role of political discourse*. Paper presented at the SPSP Political Psychology Preconference, Austin, TX.

Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2013, September). *Do dispositional needs for security and certainty predict cultural and economic conservatism? A cross-national analysis*. Paper presented at the annual meeting of the Society for Experimental Social Psychology, Berkeley, CA.

**Soto, C. J.**, & John, O. P. (2013, June). *The structure of personality parent-reports from early childhood to early adulthood: Hierarchical organization, foundational dimensions, and shifts in meaning*. Paper presented at the biennial meeting of the Association for Research in Personality, Charlotte, NC.

**Soto, C. J.**, & John, O. P. (2013, March). *Traits in transition: The structure of personality parent-reports from early childhood to early adulthood*. Paper presented at the World Conference on Personality, Stellenbosch, South Africa.

Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2013, January). *Psychological dispositions and political attitudes: Distinguishing the broad and narrow ideology hypotheses*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.



- Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2013, January). *The psychological origins of cultural and economic political attitudes: A cross-national analysis*. Paper presented at the SPSP Cultural Psychology Preconference, New Orleans, LA.
- Soto, C. J.** (2012, October). *Personality change across the life span*. Talk presented at a meeting of Active Older Adults, Waterville, ME.
- Soto, C. J.** (2012, August). *Measuring the Big Five personality dimensions in childhood and adolescence*. Paper presented at a meeting of the Ayrton Senna Foundation, the Organisation for Economic Co-operation and Development, and the Brazilian Ministry of Strategic Affairs, São Paulo, Brazil.
- Soto, C. J.**, John, O. P., Gosling, S. D., & Potter, J. (2012, July). *Age differences in the Big Five: When and why?* Paper presented at the European Conference on Personality, Trieste, Italy.
- Soto, C. J.**, & Luhmann, M. (2012, May). *Who can buy happiness? Personality traits moderate the effects of stable income differences and income fluctuations on life satisfaction*. Paper presented at Mainely Data, Waterville, ME.
- Soto, C. J.**, & John, O. P. (2012, January). *Causes of personality change in adulthood: Broadly versus narrowly acting mechanisms*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Soto, C. J.** (2011, September). *Personality change: When, how, and why?* Talk presented at Colby College, Waterville, ME.
- Soto, C. J.** & John, O. P. (2011, June). *Personality development "beneath" the Big Five: Facet-level age trends across four decades of adulthood*. Paper presented at the biennial meeting of the Association for Research in Personality, Riverside, CA.
- Soto, C. J.** (2011, May). *Development of Big-Five domains and facets in adulthood: Mean-level age trends and correlated versus independent changes*. Paper presented at Mainely Data, Lewiston, ME.
- Soto, C. J.** (2010, May). *Personality traits from ages 10 to 65: Structure and development*. Paper presented at Le Big Five dans Tous Ses États: Les Cinq Grandes Dimensions de la Personnalité par la Big Five Inventory, Paris, France.
- Soto, C. J.** (2010, May). *Age differences in personality traits from 10 to 65: Big-Five domains and facets in a large cross-sectional sample*. Paper presented at Mainely Data, Waterville, ME.
- Stillman, C.,\* Coane, J., & **Soto, C. J.** (2010, May). *The effects of aging and domain specificity on the survival processing advantage*. Paper presented at Mainely Data, Waterville, ME.

**Soto, C. J.** (2009, May). *Normative and individual personality change across adulthood*. Paper presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

**Soto, C. J.** (2005, May). *The structure of adolescents' personality self-reports*. Paper presented at the annual Berkeley-Stanford Conference on Social and Personality Psychology, Palo Alto, CA.

John, O. P., & **Soto, C. J.** (2004, October). *Factor structure in personality self-reports from ages 10 to 20*. Paper presented at the annual meeting of the Society of Multivariate Experimental Psychology, Naples, FL.

\* indicates a student author.

### **SYMPOSIA CHAIRED**

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**Soto, C. J.** (2019, June). *Implications of the credibility revolution for personality science: Replication, collaboration, interpretation, and publication*. Symposium chaired at the biennial meeting of the Association for Research in Personality, Grand Rapids, MI.

**Soto, C. J.** (2018, July). *Personality meta-science: Recent changes, current status, and future prospects*. Symposium chaired at the European Conference on Personality, Zadar, Croatia.

**Soto, C. J.,** & John, O. P. (2015, June). *Personality research with the Big Five Inventory: Past, present, and future*. Symposium co-chaired at the biennial meeting of the Association for Research in Personality, St. Louis, MO.

De Bolle, M., & **Soto, C. J.** (2014, July). *Personality traits at young age: Development and measurement*. Symposium co-chaired at the European Conference on Personality, Lausanne, Switzerland.

**Soto, C. J.,** & Shiner, R. L. (2013, June). *Traits in transition: personality structure and development across childhood, adolescence, and early adulthood*. Symposium co-chaired at the biennial meeting of the Association for Research in Personality, Charlotte, NC.

### **POSTER PRESENTATIONS**

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Napolitano, C. M., **Soto, C. J.,** Maghsoodi, H. A., Tiwari, A., & Roberts, B. W. (2019, June). *Establishing a life-span taxonomy and measure of socio-emotional skills*. Poster presented at the biennial meeting of the Association for Research in Personality, Grand Rapids, MI.

Kohút, M., Halama, P., Zitný, P., **Soto, C. J.,** & John, O. P. (2018, July). *Adaptation and psychometric properties of the Slovak version of the BFI-2*. Poster presented at the European Conference on Personality, Zadar, Croatia.

Russell, A.,\* & **Soto, C. J.** (2017, July). *Estimating the reproducibility of associations between personality traits and life outcomes*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.

Pham, J.,\* & **Soto, C. J.** (2015, July). *Building an online home for the Big Five Personality Inventories*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.

Wylie, M.,\* & **Soto, C. J.** (2015, June). *How perfect are you? Exploring the link between perfectionism and self-esteem across life domains*. Poster presented at the biennial meeting of the Association for Research in Personality, St. Louis, MO.

Yang, I.,\* DiBari, G.,\* & **Soto, C. J.** (2014, July). *Personality development from early childhood through early adulthood*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.

**Soto, C. J.**, Liang, J. K.,\* & Kronauer, A.\* (2014, February). *Is happiness good for your personality? Concurrent and prospective relations of the Big Five with subjective well-being*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Kronauer, A.,\* Liang, J. K.,\* & **Soto, C. J.** (2013, July). *Personality change you can believe in: Concurrent and prospective relations between the Big Five personality traits and subjective well-being*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.

**Soto, C. J.**, Liang, J.,\* & Wardell, C.,\* & John, O. P. (2013, January). *Traits in transition: The structure of personality parent-reports from early childhood to early adulthood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Liang, J.,\* Wardell, C.,\* & **Soto, C. J.** (2012, July). *The Big Five or the Little Six? Continuity and changes in personality structure from ages 3 to 20*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.

Atkinson, N.,\* Blais, J.,\* Engelstad, J.,\* & **Soto, C. J.** (2012, January). *Fitting into happiness: Person-environment personality fit and subjective well-being*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

Mathai, M.,\* Trafton, R.,\* Goldman, J.,\* & **Soto, C. J.** (2012, January). *How does completing a personality questionnaire affect subsequent behavior?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

- Hylek, L.,\* Thompson, A. K.,\* & **Soto, C. J.** (2011, July). *Tarot cards, tea leaves, and traits: Judging current personality and future personality change from brief life descriptions*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.
- Soto, C. J.**, & John, O. P. (2011, January). *Personality development “beneath” the Big Five: Facet-level age trends across four decades of adulthood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Thompson, A. K.,\* **Soto, C. J.**, John, O. P., Gosling, S. D., & Potter, J. (2010, July). *Age and gender difference in the Big Five across ages 10-65*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.
- Soto, C. J.**, John, O. P., Gosling, S. D., & Potter, J. (2010, January). *The development of Big-Five domains and facets from late childhood through middle age*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Soto, C. J.**, & John, O. P. (2008, February). *Personality trait structure during childhood and adolescence: Developmental trends in parents’ reports*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Eng, J. S., **Soto, C. J.**, John, O. P., & Gross, J. (2007, January). *Regulation of specific emotions: Ethnicity and gender effects on reappraisal and suppression*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Soto, C. J.**, Gorchoff, S. M., & John, O. P. (2007, January). *Adult attachment styles and the Big Five: Different constructs or different contexts?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Soto, C. J.**, John, O. P., Gosling, S. D., & Potter, J. (2006, January). *The structural validity of Big-Five personality self-reports in late childhood and adolescence*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Soto, C. J.**, John, O. P., Gosling, S. D., Srivastava, S., & Potter, J. (2005, January). *Traits in transition: Associations between the Big Five and age during late childhood and adolescence*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Soto, C. J.**, & John, O. P. (2004, February). *A new trick for an old dog: Issues in the construction of Big Five scales for the California Psychological Inventory*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

\* indicates a student author.

#### **STUDENT PRESENTATIONS SUPERVISED**

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- Rizzo, S. M. (2019, May). *Bouncing back: The impact of personality on sports-related injury, rehabilitation, and recovery*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Adams, E. (2018, May). *Examining coping and resilience during emerging adulthood*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Balaban, A., Grossman, A., & Riehle, H. (2018, May). *Social support: The link between optimism and friendship quality*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Brandel, W., Brokaw, J., & Hauptman, T. (2018, May). *Character traits and social media: Personality's interaction with emotional responses to Instagram posts*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Fields, Z., Leitch, I., Melvin, R., & Reilly, M. (2018, May). *Accuracy of personality judgment through social media*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Grant, S. (2017, April). *Going beyond the Big Five: The Dark Triad, DSM-5, and prediction of normal and abnormal outcomes*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Adams, E., Hurdle-Price, J., & Middendorf, E. (2016, December). *The effects of person-major fit on academic performance and satisfaction*. Poster presented at the Colby College Psychology Department Poster Session, Waterville, ME.
- Bainbridge, E. L., Lo, Y., & Zhao, Y. (2016, December). *Procrastination, performance, and personality's dark side*. Poster presented at the Colby College Psychology Department Poster Session, Waterville, ME.
- Carroll, G., Harrington, G., & Zolper, N. (2016, December). *Are you the company you keep? Personality traits in extracurriculars*. Poster presented at the Colby College Psychology Department Poster Session, Waterville, ME.
- Butler, S., Heilbronner, E., Heilbronner, S., & Wolfington, C. (2016, April). *Personality, academic discipline, and career interests: How the Big Five predict college major and occupational interests*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Grant, S., Bourne, K., & Perlmutter, J. (2016, April). *Friendship and personality similarity: How personality changes between friends*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Minott, C. (2016, April). *Relations between study abroad experiences, personality, and well-being*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.

- Johnson, M., Martin, N., & Pham, J. (2015, April). *The influence of personality traits on emotional responses in social acceptance and rejection*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Minott, C., Carney, E., & Tang, K. (2015, April). *How do personality traits and personality gender influence romantic partner preference?* Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Wylie, M. (2015, April). *How perfect are you? Exploring the link between perfectionism, self-esteem, and response to feedback across multiple domains*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Hefferon, M., Robertson, M., & Cooper, A. (2014, May). *Personality traits and hook-up tendencies mediated by social group norms*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- O'Connell, K., Wylie, M., & Riendeau, J. (2014, May). *How old is your personality? An exploration of how Big Five traits mediate time perspective, social goals, and partner preferences in college students*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Southwick, C., Preziosi, M., & Nisky, D. (2014, May). *Self-monitoring across real world and digital contexts*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Goldman, J. (2012, May). *The self-esteem conundrum: Mediating mechanisms between parenting style and children's aggression*. Talk presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Becker, L., & Novak, K. (2012, May). *BFFs or Frenemies? The effects of conflict-style self-reports, personality self-reports, and personality similarity on conflict resolution between friends*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Garvin, C., & Maney, C. (2012, May). *Streamlining PSAs: Effects of ad framing and regulatory focus on message persuasiveness*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Atkinson, N., Blais, J., & Engelsted, J. (2011, May). *Fitting the Colby personality: Predicting subjective well-being through undergraduate personality comparisons*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Goldman, J., Mathai, M., & Traflet, R. (2011, May). *The effects of self-awareness on behavior*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.

- Ha, L., Yoshida, Y., & Billington, K. (2011, May). *It's all your fault: The effect of narcissism on the interpretation of ambiguous feedback*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Marquez, A. M., Erickson, K. J., & Hughes, B. C. (2011, May). *The effects of maternal care on neophobic traits in rats*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Grasser, E., Bernheimer, H., & Newman, J. (2010, May). Narcissism in declared majors and intended career goals. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Lumbert, C., Gross, B., & Scarpato, S. (2010, May). Self-efficacy, the Big Five, and performance. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Stillman, C. (2010, May). *The effects of aging on the survival processing advantage in memory*. Talk presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Thomas, C. B., & Fenstermacher, A. (2010, May). The relationship between adult attachment style and the future plans of college seniors. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Dean, M., & Cameron, S. (2009, May). Self, school, sports: The relationships among general personality, role-specific personalities, and role-specific outcomes. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Tumilty, M., & Tasi, B. (2009, May). Do magazine quizzes correlate with the Big Five Inventory? Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.

## **PRESS COVERAGE OF RESEARCH**

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*Association for Psychological Science Observer*  
*TheAtlantic.com*  
*British Psychological Society Research Digest*  
*Colby Magazine*  
*The Daily Cal*  
*FiveThirtyEight.com*  
*Forbes.com*  
*The Janice and Cory Show*  
*LiveScience.com*  
*The Montreal Gazette*  
*New York Magazine*  
*The New York Times*

*NPR.org*  
*PsychologyToday.com*  
*Science*  
*Süddeutsche Zeitung*  
*Think, with Krys Boyd*  
*Time Magazine*  
*The Think Tank, with Garland Robinette*  
*The Wall Street Journal*  
*The World Today, with Jon McComb*  
*Today.com*  
*WSJ.com Live: Lunch Break*

## **TEACHING EXPERIENCE**

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**Assistant and Associate Professor of Psychology**, Colby College 2009–Present

PS111 Introduction to Psychology: Fall 2009, Spring 2010, Fall 2013, Spring 2014, Fall 2016, Spring 2017, Fall 2017, Spring 2018

PS214 Research Methods and Statistics in Psychology I: Fall 2010, Fall 2011, Fall 2013, Fall 2015, Fall 2018

PS214L Research Methods and Statistics in Psychology I Laboratory: Fall 2010, Fall 2013, Fall 2014, Fall 2016, Fall 2017, Fall 2018

PS251 Personality Psychology: Fall 2009, Spring 2011, Spring 2012, Spring 2014, Spring 2015, Fall 2015, Spring 2016, Spring 2017, Fall 2017, Spring 2019

PS339-340 Seminar and Collaborative Research in Personality Psychology: Spring 2009, Spring 2010, Spring 2011, Spring 2012, Spring 2014, Spring 2015, Spring 2016, Fall 2016, Spring 2018

PS420 Senior Integrative Seminar: Spring 2009, Fall 2009

**Adjunct Instructor in Psychology**, California State University, East Bay 2007

PSYC2020 Methods of Investigation in Psychology: Fall 2007

**Teaching Assistant in Psychology**, University of California, Berkeley 2002–2007

PSY101 Research and Data Analysis in Psychology: Fall 2004, Summer 2007

PSY150 Personality Psychology: Fall 2002

PSY160 Social Psychology: Fall 2006

PSY205A Data Analysis I (graduate course): Fall 2005

PSY205B Data Analysis II (graduate course): Spring 2006

**Middle School Mathematics Teacher**, Greens Farms Academy 2000–2002

**Middle School Mathematics Teacher**, New England Citybridge 1999



## **ADDITIONAL PROFESSIONAL EXPERIENCE**

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### **Webmaster**

2004–Present

Association for Research in Personality  
PersonalityLab.org

### **Research Consultant**

2005–Present

Ayrton Senna Institute  
Brazilian Ministry of Strategic Affairs  
Organisation for Economic Co-operation and Development, Centre for Educational Research and Innovation  
University of California, Berkeley, Graduate School of Education  
World Bank, Living Standards Measurement Study

## **EDITORIAL AND REVIEW SERVICE**

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### **Editor and Editorial Board**

Consulting Editor, <i>Journal of Personality and Social Psychology</i>	2013–Present
Consulting Editor, <i>European Journal of Personality</i>	2020–Present
Guest Editor, <i>Journal of Personality and Social Psychology</i>	2019
Consulting Editor, <i>Journal of Research in Personality</i>	2010–2017
Consulting Editor, <i>Assessment</i>	2014–2015
Co-Editor, <i>P: The Newsletter of the Association for Research in Personality</i>	2010–2013

### **Ad Hoc Journal Reviewer**

*Advances in Methods and Practices in Psychological Science*  
*American Journal of Psychiatry*  
*Assessment*  
*Child Development*  
*Child Development Perspectives*  
*Collabra: Psychology*  
*Developmental Psychology*  
*Emotion Review*  
*European Journal of Personality*  
*Frontiers in Psychology*  
*International Journal of Wellbeing*  
*Journal of Personality*  
*Journal of Personality Assessment*  
*Journal of Personality and Social Psychology*  
*Journal of Research in Personality*

*Journals of Gerontology*  
*Learning and Individual Differences*  
*Nature Communications*  
*PeerJ*  
*Personality and Individual Differences*  
*Personality and Social Psychology Bulletin*  
*Personality and Social Psychology Review*  
*PLoS ONE*  
*Political Psychology*  
*Proceedings of the National Academy of Sciences*  
*Psychiatry Research*  
*Psychological Assessment*  
*Psychological Bulletin*  
*Psychological Science*  
*Psychology and Aging*  
*Reading and Writing: An Interdisciplinary Journal*  
*Social Psychological and Personality Science*

### **Ad Hoc Grant Reviewer**

*National Science Foundation*  
*Netherlands Organisation for Scientific Research*

### **ADDITIONAL PROFESSIONAL SERVICE**

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#### **Colby College**

Faculty Mentor	2017–2018, 2020–Present
Independent Majors Committee, Member	2020–Present
Department of Psychology, Associate Chair	2017–2019
Institutional Review Board, Member	2010–2012, 2016–2019
Task Force on Review of All-College Distribution Requirements, Member	2016–2019
Sona Research Participation System Coordinator	2009–2012, 2017–2019
Search Committee in Psychology, Member	2009–2013, 2015–2018
Search Committee in Psychology, Chair	2017–2018
Psychology Department Honors Research Coordinator	2015–2017
Colby Undergraduate Summer Research Retreat Planning Committee, Member	2016–2017
Tenure Review Committee in Biology, Member	2016–2017
Institutional Review Board, Chair	2013–2016
Search Committee in Sociology, Member	2015–2016
Colby Undergraduate Research Symposium, Session Chair	2011, 2015
Colby Undergraduate Summer Research Retreat, Session Co-Chair	2014
Faculty Course Evaluation Committee, Member	2010–2012
Search Committee in Economics, Member	2011–2012
Appeals Board, Member	2011

### **Association for Research in Personality**

Web Committee, Chair	2013–Present
Conference Program Committee, Co-Chair	2018–2019
Executive Board, Member	2015–2018
Conference Program Committee, Member	2016–2017

### **Society for Personality and Social Psychology**

Early Career Mentor	2016
Conference Program Committee, Member	2013–2014
Conference Poster Committee, Member	2012–2013

### **University of California, Berkeley, Department of Psychology**

Computer Committee, Member	2007–2008
Website Committee, Member	2003–2007
Research Participation Program, Coordinator	2003–2004

### **HONORS, AWARDS, AND GRANTS**

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Society for Personality and Social Psychology Fellowship	2020
Society for the Improvement of Psychological Science Commendation	2020
Colby College Social Sciences Division Research Grant	2017–2020
Society for Personality and Social Psychology Member Spotlight	2018
Colby College Faculty Research Grant	2009–2017
Society for Personality and Social Psychology Teacher/Scholar Travel Award	2016
Association for Research in Personality J.S. Tanaka Dissertation Award, Finalist	2009
National Science Foundation Graduate Research Fellowship	2003–2008
University of California Chancellor's Opportunity Predoctoral Fellowship	2002–2007
Jacob K. Javitz Fellowship, Declined	2003
Magna cum laude, Harvard College	2000
Highest honors in Psychology, Harvard College	2000
John Harvard Scholarship for Academic Distinction	1996–2000
Harvard College Research Program	1999–2000

### **PROFESSIONAL AFFILIATIONS**

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Association for Psychological Science  
Association for Research in Personality  
European Association for Personality Psychology  
Society for Personality and Social Psychology  
Society for the Improvement of Psychological Science