

DUNN DANCE STUDIO

WHAT THIS SHEET APPLIES TO

Classes, rehearsals, and workouts by faculty, staff, and students using the Dunn Dance Studio.

RISKS INCLUDE

Muscle & ligament injuries, vocal damage, tripping, slips, falls, and personal illness.

GUIDELINES, RULES, & PROCEDURES

- The studio closes from 11:00 p.m.- 7:30 a.m. – And it is strongly encouraged that students do not work the evening hours alone in the studio.
- No movement should be attempted without appropriate warm up.
- Always dress in normal dancewear or loose and comfortable clothing. Examples of inappropriate clothing include tight pants, skirts, and jewelry.
- Shoes are not allowed. Bare feet are recommended. If you must wear socks for whatever reason, extra precaution must be taken.
- Event supervisors should make certain that the space is unobstructed and well lighted.
- A complete first aid kit is stored in the stereo cabinet. Any injuries beyond scrapes, floor burns, small cuts etc. should be taken to the Health Center with someone assisting.
- Location of fire extinguishers is in both stairwells on the second floor landings.
- Use of the aerial equipment requires specialized training and permission from the Colby's director of dance.
- Mats and spotters are required whenever the aerial equipment is being used.
- Do not attempt to use the tall ladder without wearing a fall protection harness, connected to one of the two fall-arrest devices. An assistant should help by holding the base of the ladder.

FOR FURTHER UNDERSTANDING

Go to www.colby.edu/theater for textual and Internet resources.