



## Pool Rules

- Shower before entering the pool.
- No running is allowed.
- Keep play at a safe level. Any conduct which endangers the safety or welfare of another must be curtailed.
- No hanging or climbing on the lane lines.
- Lanes are for lap swimming only.
- No chewing gum, food, or drink allowed in pool area.
- No diving from the starting blocks. Dive only in appropriate areas in the deep end.
- No swimming in the diving area.
- Rescue equipment is for emergency use only
- No more than one person on the diving board at a time.
- Only current Colby College divers will be allowed to use the 3 meter board.
- Only one bounce on the board is allowed.
- Dive from the front end of the board only!
- No hanging from the diving boards.
- The pool staff reserves the right to require any patron to show sufficient swimming ability to use the diving boards or to swim in the deep end.
- Periodically, the lifeguard will take a break and require everyone to exit the pool.
- Anyone with an open wound or who is sick (cold, flu or other communicable diseases) shall not use the pool.

Listed below are pool policies which all camps will be expected to follow:

- Camps must agree to employ lifeguards at the ratio of one lifeguard per 50 campers. You must use Colby approved lifeguards who have provided the College with all proper and currently up to date credentials.
- Campers must be accompanied to the pool by at least one adult coach or staff member. If your camp exceeds 50 people, an additional adult coach or staff person will be required to accompany the campers at a ratio of one for every 50 campers.
- The camp staff will be responsible for helping to enforce the pool rules (i.e., running, horseplay, etc.).
- Under no circumstances will any non-lifeguard perform or attempt to perform any lifesaving duties.

- It is important that the staff people assisting the lifeguards remain on the pool deck watchful and alert while at the pool at all times.
- The maximum number of people allowed in the pool area at any time will be 150. This safety policy will be strictly enforced. If your group exceeds this number, please bring them over in shifts.
- A swim test may be required of any or all members of a group to satisfy the lifeguard's need to know the ability of people in the pool.
- Anyone who fails the swim test will be required to wear a flotation device while in or around the pool or remain in the shallow end at the lifeguard's discretion
- Any camp arriving at the pool without the required amount of adult supervision will not be allowed in the pool until the proper number of adult supervising staff is present.