

FINDING CHILD CARE RESOURCES DURING THESE CHALLENGING TIMES

Cigna Employee Assistance Program (EAP)

Recommendations from Center for Disease Control (CDC)

Checklist for Teachers and Parents:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/checklist.html>

Guidance for Childcare

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html>

Child Care Decision Tool

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/child-care-decision-tool.html>

Child Welfare Information Gateway

State-specific mandates regarding COVID-19 and child care:

https://www.childwelfare.gov/organizations/?CWIGFunctionsaction=rols:main.dspList&rolType=Custom&RS_ID=177&rList=ROL

Resource library on COVID-19:

<https://library.childwelfare.gov/cwig/ws/library/docs/gateway/ResultSet?r=1&rpp=-10&parenttreeid=a9fb419dc1d2446fb1b3dc52ef56f0c0&upp=0&w=+NATIVE%28%27KEYWORD%3D%22covid-19%22%27%29&order=+NATIVE%28%27YEAR+descend%27%29>

Tips for working from home with children

<https://www.cnbc.com/2020/03/16/how-to-work-from-home-with-your-kids-during-the-coronavirus-outbreak.html>

<https://www.cnbc.com/2020/03/17/working-at-home-with-kids-during-covid-19-crisis-with-kids-underfoot.html>

Considerations for Deciding to Send Your Child Back to Day Care

Child care centers that are opening or have remained open during the pandemic are largely operating under new restrictions that may require adjustments on the part of parents. First, to comply with stricter sanitation guidelines, many centers must modify operating hours to thoroughly clean the facilities after children have gone home. Second, the CDC is encouraging all child care providers to implement strict health screening measures for everyone entering the buildings and enforce sick policies more strictly. Also, it's likely that provider ratios will be smaller to stay within gathering size guidelines. If you know that you will need care, you may have to start paying for a spot ahead of time.

More information: <https://www.usatoday.com/story/news/education/2020/05/18/coronavirus-daycare-safe-childcare-reopening-guidelines-cdc/5205192002/>

Summer Camp Resources

There have been no formal recommendations for the opening of summer camps on a national level. The CDC is recommending that camps follow the orders set by their state and local regulators. The American Camp Association (ACA), a nationally recognized organization for camp accreditations, has a list of resources for parents regarding COVID-19.

More information: <https://www.acacamps.org/campers-families/news-resources/covid-19-resources-parents>

The ACA also has a database of both physical and virtual camp options that parents can explore: <http://find.acacamps.org/> and <https://members.acacamps.org/Virtual-Camp>

Locating Out-of-Home Child Care Providers and Financial Assistance

Child Care Aware: <http://www.childcareaware.org/resources/map>

National Database of Child Care: <https://childcareta.acf.hhs.gov/licensing>

Office of Child Care: <http://www.acf.hhs.gov/programs/occ/resource/ccdf-grantee-state-and-territory-contacts>

Discounted Services*

Sittercity <https://www.sittercity.com> has reduced new membership fees by 30% and is offering essential personnel working on the frontlines of the crisis three free months of Sittercity Premium: <https://family.sittercity.com/helpthehelpers/>

GoNannies has offered 15% for those affected by COVID-19 with the coupon code QUALITYCARE15: <https://www.gonannies.com/>

If you're seeking caregiving support due to COVID-19 or are a frontline worker, ask potential care agencies if they are currently offering any discounts.

*Listed discounts may change or expire.

Resources for Hiring an In-Home Child Care Provider

The websites listed below are online posting boards that help families find a nanny or babysitter independent of a placement agency. These sites allow parents to place an advertisement for a caregiver or browse the resumes of nannies and babysitters who are looking for a child care position. Please note that there may be fees associated with these services and that parents are responsible for checking references. Some sites partner with background check agencies, and services are available for an additional fee. Please click on the following links for additional information:

<https://www.gonannies.com/>

<https://www.care.com/>

<https://www.seekingsitters.com/>

<https://www.nannylane.com/>

<https://www.sittercity.com/>

<https://www.urbansitter.com/>

Nanny services

Also, listed below is the contact information for nanny agencies that place caregivers nationwide. Please keep in mind that in providing a list, we have not confirmed if these agencies place caregivers in your area. You may wish to contact these agencies for additional information.

Tiny Treasures Nanny and Household Staffing Agency

175 Varick Street
New York, NY 10014
646-290-5566
<https://www.tinytreasuresnyc.com/>

Nanny Poppins, Inc.

4 Rex Lane
Acton, MA 01720
888-849-6090
<https://nannypoppinsagency.com/>

For a list of nanny agencies by state, please visit the Association of Premier Nanny Agencies (APNA) website:
<https://theapna.org/apna-member-agencies/#!directory/map>

Creative Child Care Solutions

Due to the temporary closure of many child care providers and schools, locating an opening at an out-of-home child care facility can be extremely difficult. Now is the time to reach out to your community. We anticipate that many child care workers who will be displaced from their jobs may be willing to offer child care services to those who still have to show up to work. It is also possible that you have stay-at-home parents or individuals in your local community network who would be happy to offer assistance. We understand that asking for help can be awkward and maybe even anxiety-inducing, but crises have the capacity to make a community stronger in unexpected ways. So, in addition to the above resources, below are some creative solutions for finding care:

- › Post to social media, online parenting groups, or Nextdoor (<https://nextdoor.com/>) to see if any friends or those in your local community could care for your child(ren).
- › Coordinate with co-workers to watch each other's child(ren).
- › Try to work an opposite shift of the secondary parent (if applicable) to cover needed supervision.
- › Reach out to family members and friends to see if any are available to assist.
- › Ask your supervisor if they could assist in coordinating creative care solutions. If you're a supervisor, help by being as flexible as feasibly possible to accommodate any coordination being attempted by employees in accordance with your business practices.
- › See if you can get the information from your school or day care for teachers or caregivers who may be offering temporary care. These caregivers should already be CPR and First Aid certified and will probably be the best option for any children who have special needs that have to be accommodated.
- › Call your local United Way to inquire about any additional local child care resources in your area (<https://www.unitedway.org/find-your-united-way>).



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