

## **Extraversion**

### *Sociability*

- 1. Is outgoing, sociable.
- 46. Is talkative.
- 16r. Tends to be quiet.
- 31r. Is sometimes shy, introverted.

### *Assertiveness*

- 6. Has an assertive personality.
- 21. Is dominant, acts as a leader.
- 36r. Finds it hard to influence people.
- 51r. Prefers to have others take charge.

### *Energy Level*

- 41. Is full of energy.
- 56. Shows a lot of enthusiasm.
- 11r. Rarely feels excited or eager.
- 26r. Is less active than other people.

## **Agreeableness**

### *Compassion*

- 2. Is compassionate, has a soft heart.
- 32. Is helpful and unselfish with others.
- 17r. Feels little sympathy for others.
- 47r. Can be cold and uncaring.

### *Respectfulness*

- 7. Is respectful, treats others with respect.
- 52. Is polite, courteous to others.
- 22r. Starts arguments with others.
- 37r. Is sometimes rude to others.

### *Trust*

- 27. Has a forgiving nature.
- 57. Assumes the best about people.
- 12r. Tends to find fault with others.
- 42r. Is suspicious of others' intentions.

## **Conscientiousness**

### *Organization*

- 18. Is systematic, likes to keep things in order.
- 33. Keeps things neat and tidy.
- 3r. Tends to be disorganized.
- 48r. Leaves a mess, doesn't clean up.

### *Productiveness*

- 38. Is efficient, gets things done.
- 53. Is persistent, works until the task is finished.
- 8r. Tends to be lazy.
- 23r. Has difficulty getting started on tasks.

### *Responsibility*

- 13. Is dependable, steady.
- 43. Is reliable, can always be counted on.
- 28r. Can be somewhat careless.
- 58r. Sometimes behaves irresponsibly.

## **Negative Emotionality**

### *Anxiety*

- 19. Can be tense.
- 34. Worries a lot.
- 4r. Is relaxed, handles stress well.
- 49r. Rarely feels anxious or afraid.

### *Depression*

- 39. Often feels sad.
- 54. Tends to feel depressed, blue.
- 9r. Stays optimistic after experiencing a setback.
- 24r. Feels secure, comfortable with self.

### *Emotional Volatility*

- 14. Is moody, has up and down mood swings.
- 59. Is temperamental, gets emotional easily.
- 29r. Is emotionally stable, not easily upset.
- 44r. Keeps their emotions under control.

## **Open-Mindedness**

### *Intellectual Curiosity*

- 10. Is curious about many different things.
- 40. Is complex, a deep thinker.
- 25r. Avoids intellectual, philosophical discussions.
- 55r. Has little interest in abstract ideas.

### *Aesthetic Sensitivity*

- 20. Is fascinated by art, music, or literature.
- 35. Values art and beauty.
- 5r. Has few artistic interests.
- 50r. Thinks poetry and plays are boring.

### *Creative Imagination*

- 15. Is inventive, finds clever ways to do things.
- 60. Is original, comes up with new ideas.
- 30r. Has little creativity.
- 45r. Has difficulty imagining things.