

COMMUTING



- Plan and consolidate your trips and walk or bike when possible – we have the iBike system to rent bikes for free
- Carpool or use mass transportation. Take advantage of the Jitney (x5530)
- Sign up for Colby's ZipCar rental program



COMPUTING



- Set your computer to “sleep” or “standby” mode if you will be away from it for 15 min or less
- Turn off your computer if you will be away from it for 15 min or more (restarting consumes less energy than leaving it on for 15 min)
- If printing is necessary, print double-sided with small margins



REDUCE



- Try to avoid disposable items and items with excessive packaging, and possibly buy in bulk
- Target goods with a high recycled content; this creates a market for recycled material
- Buy less stuff!

DINING



- Take only what you need – you can always get more. Colby wastes ~50 tons of food a year. Help do your part!
- Carry fruit to go? Rent a compost bin for your room from the Office of Sustainability for free, and bring it to the dining halls to empty it – they already compost all food waste
- Eat less meat for better health and a lower ecological footprint
- Minimize the use of disposable containers by using your own containers when taking out and storing food
- For fresh, local, and organic food, get involved with the Colby Organic Farmers and Gardeners Association (COFGA), shop at a local farmers' market, and frequent local food stores



REUSE



- Use a personal water bottle and refill it
- Carry your own coffee mug – the Spa will even give you a 25-cent discount on coffee purchases!
- Use reusable bags
- Have too much stuff? Give unwanted appliances, furniture, and supplies to the RESCUE sale at the end of every year
- Donate unwanted clothing, shoes, and office supplies to the FreeCycle event every semester



ENERGY



- Conserve hot water and save energy
- Limit your shower time and avoid running water if washing dishes
- Turn off your lights when you leave a room and utilize natural light as much as possible
- Unplug chargers and appliances when you're not using them as they continue to consume power—power strips can help facilitate this
- Swap out any incandescent light bulbs! The Office of Sustainability will swap your incandescent bulb for a CFL for free



LAUNDRY



- Use the “Bright Colors” setting on the washing machine – it uses cold water, which requires 90% less energy per cycle
- Colby's washers and dryers have a large load capacity—save time, energy, and money by only washing full loads
- Hang dry your clothes instead of using the clothes dryer. You can rent a drying rack for your dorm from PPD for free
- Purchase environmentally-friendly detergent



RECYCLE



- Use the color-coded recycling bins for bottles, cans, plastics, cardboard, and paper, which are found in all campus buildings.
- Please don't contaminate recycling bins with trash!
- Keep a recycling bin in your room for convenient storage and sorting of recyclables
- Recycle used batteries, light bulbs, technology items, ink cartridges, and shoes at the Office of Sustainability

