

## DIRECTING CLASSES – GENERAL SAFETY

### WHAT THIS SHEET APPLIES TO

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In-class and after-hours participation in TD379 (Directing) by faculty and students. Spaces covered include the Cellar Theater, Strider Theater, the Lobby, and ad hoc rehearsal spaces.

### RISKS INCLUDE

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Muscle and ligament injuries, vocal damage, tripping, slips, falls, and personal illness.

### GUIDELINES, RULES, & PROCEDURES

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- Do not attempt any movement or voice work without an appropriate warm-up.
- Event supervisors (student or faculty) should make certain that the space is unobstructed and well lighted.
- Event supervisors (student or faculty) should make certain that the floor is clean and dry. This is especially true if actors must work in bare feet (discouraged).
- All participants, including non-class acting volunteers, should familiarize themselves with the particularities of the rehearsal/performance space.
- Anyone who takes a rehearsal space into complete darkness must inform participants that it is about to happen.
- No individual should attempt to move heavy furniture without assistance.
- Participants with special health concerns should inform the event supervisor.
- All militant movement in student-directed scenes must be certified by the instructor (this includes scenes involving physical intimacy).
- No weapons are permitted. Period.
- Appropriate footwear and clothing should be worn at all times.
- No flames of any kind (including cigarette lighters) are permitted.
- Know the location of the nearest first-aid station, phone, fire extinguisher, fire alarm pull station, and fire exit at all times.
- Rehearsal space should be left in the condition in which it is found, or better.
- "Buddy up" when traveling to and from rehearsals and classes, particularly at night. Never check dressing rooms or isolated backstage areas by yourself.

### FOR FURTHER UNDERSTANDING

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Go to [www.colby.edu/theater](http://www.colby.edu/theater) for textual and Internet resources.