

## FALL PROTECTION – GENERAL SAFETY

### WHAT THIS SHEET APPLIES TO

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Anyone working on ladders, or in other high places; people exposed to a potential fall from the removal of any portion of the stage floor; AND anyone using equipment that impedes their field of vision (e.g. a video camera).

### RISKS INCLUDE

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Falls, bruises, muscle and ligament injuries, broken bones, and falling objects.

### GUIDELINES, RULES, & PROCEDURES

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- Working on a ladder which raises you at least 6 feet from the floor requires the use of a full body harness and appropriate lanyard connected to a cross-arm strap or other approved building structure. See the Department of Performance, Theater, and Dance Technical Director for harness certification and approval on connection points.
- Consider wearing a fall protection harness on any occasion where there is a potential fall of 6 feet or more.
- Keep the lanyard from getting caught by your feet or legs while climbing ladders and stairs.
- When using fall protection anywhere in Strider Theater, it is required that another person be in the theater to assist in case of an accident.
- Remove any unnecessary items from pockets or which could otherwise fall off before climbing up a ladder, working in the catwalks or near the edge of any abrupt change in flooring.
- All platforming, stairs, and scenery should be properly secured, inspected, and approved for use by a knowledgeable authority (such as the Technical Director) before using them in any way.
- People unfamiliar with the terrain should “walk the set” and/or be shown any hazards before trying to work, rehearse, or perform.
- Make sure that adequate lighting is provided in all fall risk situations.
- Anyone using equipment that impedes their field of vision must have a spotter if they intend to move around while using that equipment. Spotters should monitor the stage position of themselves and the equipment operator and stop any filming or other relevant activity should a potential hazard arise.

### FOR FURTHER UNDERSTANDING

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Go to [www.colby.edu/theater](http://www.colby.edu/theater) for textual and Internet resources.