

**CHRISTOPHER J. SOTO**  
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### **ACADEMIC POSITIONS**

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Professor of Psychology, Colby College	2022–Present
Associate Professor of Psychology, Colby College	2015–2022
Assistant Professor of Psychology, Colby College	2009–2015
Postdoctoral Fellow, University of California, Berkeley	2008
Adjunct Instructor in Psychology, California State University, East Bay	2007

### **EDUCATION**

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Ph.D., Social and Personality Psychology, University of California, Berkeley	2002–2008
B.A., Psychology, magna cum laude with highest honors, Harvard College	1996–2000

### **RESEARCH INTERESTS**

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Social, emotional, and behavioral skills: Capacities that people use to maintain social relationships, regulate emotions, and manage goal- and learning-directed behaviors.

Personality structure: How people’s specific habits of thinking, feeling, and behaving cohere into broader personality characteristics.

Personality development: Whether, when, how, and why people’s personality characteristics change across the life span.

Personality outcomes: How people’s personality characteristics influence their subjective well-being, political attitudes, and other outcomes.

Psychological assessment: Methods for assessing individual differences in social, emotional, and behavioral characteristics.

### **PUBLICATIONS: PEER-REVIEWED JOURNAL ARTICLES**

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Choi, J., Kim, N., Zhang, B., Park, S. W., Cho, S., Sohn, Y. W., **Soto, C. J.**, & John, O. P. (in press). The Big Five Inventory-2 in Korea: Validation and cross-cultural comparisons with the U.S. and Chinese versions. *Assessment*.

Fernandes, M. Zanon, C., Sá, L. G. C., Fabretti, R. R., Cruz, A. C. A., Silva, T. B., Sewell, M. N., Napolitano, C. M., **Soto, C. J.**, & Roberts, B. W. (in press). Am I more skilled than I think? Investigating the agreement between self- and informant-reports of social, emotional, and behavioral skills in Brazil. *Personality Science*.

- Lignier, B., Petot, J.-M., De Oliveira, P., Nicolas, M., Canada, B., Courtois, R., John, O. P., Plaisant, O., & **Soto, C. J.** (in press). Factor structure and psychometric properties of the French Versions of the Big Five Inventory-2 Short (BFI-2-S) and Extra-Short (BFI-2-XS) informant-report forms. *L'Encéphale*.
- Rammstedt, B., Roemer, L., Lechner, C. M., & **Soto, C. J.** (in press). Adapting the BFI-2 around the world: Coordinated translation and validation in five languages and cultural contexts. *European Journal of Psychological Assessment*.
- Soto, C. J.**, Hudson, N. W., Napolitano, C. M., Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2026). Practice makes perfect: A behavioral challenge intervention to develop social, emotional, and behavioral skills. *European Journal of Personality*, 40(3), 599-613.
- Huang, M., Zhang, X., **Soto, C. J.**, & Evans, J. (2026). Designing AI-agents with personalities: A psychometric approach. *Personality Science*, 7, 1-26.
- Ringwald, W. R., Napolitano, C. M., Sewell, M. N., **Soto, C. J.**, Yoon, H. J., & Wright, A. G. C. (2026). More skill than trait, or more trait than skill? Relations of (mis)matches between personality traits and social, emotional, and behavioral skills with adolescent outcomes. *European Journal of Personality*, 40(2), 160-177.
- Sewell, M. N., Napolitano, C. M., Yoon, H. J., **Soto, C. J.**, & Roberts, B. W. (2026). Experiential features of volunteering predict changes in college students' social, emotional, and behavioral skills. *Journal of Research in Personality*, 121, 104705.
- Feraco, T., Hudson, N. W., & **Soto, C. J.** (2025). Differences in change goals between personality traits and social, emotional, and behavioral skills. *Personality and Individual Differences*, 241, 113200.
- Hofmann, R., Rozgonjuk, D., **Soto, C. J.**, Ostendorf, F., & Möttus, R. (2025). There are a million ways to be a woman and a million ways to be a man: Gender differences across personality nuances and nations. *Journal of Research in Personality*, 115, 104582.
- Lignier, B., Petot, J.-M., De Oliveira, P., Nicolas, M., Canada, B., Courtois, R., John, O. P., Plaisant, O., & **Soto, C. J.** (2025). Factor structure and psychometric properties of the French versions of the Big Five Inventory-2 Short (BFI-2-S) and Extra-Short (BFI-2-XS) Forms. *L'Encéphale*, 51, 601-608.
- Napolitano, C. M., **Soto, C. J.**, Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2025). Changes in social, emotional, and behavioral skills are associated with changes in secondary school students' important outcomes. *European Journal of Personality*, 39, 897-910.
- Rammstedt, B., Roemer, L., Behr, D., Bluemke, M., Lechner, C., Dept, S., Wäyrynen, L., **Soto, C. J.**, & John, O. P. (2025). Going Global: 39 Language Versions of the BFI-2-XS. *Measurement Instruments for the Social Sciences*, 7, e14067.

- Sewell, M. N., Yoon, H. J., Lechner, C. M., Napolitano, C. M., Rammstedt, B., Roberts, B. W., & **Soto, C. J.** (2025). Assessing social, emotional, and behavioral skills in just a few minutes: 96-, 45-, and 20-item short forms of the BESSI. *Assessment*, *32*, 501-520.
- Siraji, M. A., Karim, F., **Soto, C. J.**, & Haque, S. (2025). The Bangla Big Five Inventory-2: A comprehensive psychometric validation. *Scientific Reports*, *15*, 11008.
- Zakrisson, I., **Soto, C. J.**, Löfstrand, P., & John, O. P. (2025). Extending the applicability of the BFI-2 personality inventory: Predictive validity of the Swedish version. *Psychological Test Adaptation and Development*, *6*, 199-215.
- Soto, C. J.**, Napolitano, C. M., Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2024). Going beyond traits: Social, emotional, and behavioral skills matter for adolescents' success. *Social Psychological and Personality Science*, *15*, 33-45.
- Feraco, T., Casali, N., Pellegrino, G., **Soto, C. J.**, Napolitano, C. M., Carretti, B., & Meneghetti, C. (2024). The Italian Behavioral, Emotional, and Social Skills Inventory (BESSI-I). *Journal of Personality Assessment*, *106*, 750-764.
- Lignier, B., Petot, J.-M., Canada, B., De Oliveira, P., Nicolas, M., Courtois, R., John, O. P., Plaisant, O., & **Soto, C. J.** (2024). A reliable instrument for making use of an overly neglected source of information on personality: The French adaptation of the Big Five Inventory-2 (BFI-2) informant-report form. *L'Encéphale*, *50*, 391-399.
- Postigo, A., González-Nuevo, C., García-Fernández, J., García-Cueto, E., **Soto, C. J.**, Napolitano, C. M., Roberts, B. W., & Cuesta, M. (2024). The Behavioral, Emotional, and Social Skills Inventory (BESSI): A Spanish adaptation and further validation in adult population. *Assessment*, *31*, 1525-1547.
- Smederevac, S., Mitrović, D., Sadiković, S., Dinić, B. M., John, O. P., & **Soto, C. J.** (2024). The Big Five Inventory (BFI-2): Psychometric properties and validation in Serbian language. *Journal of Research in Personality*, *110*, 104492.
- Yoon, H. J., Roberts, B. W., **Soto, C. J.**, Sewell, M. N., Napolitano, C. M., Casillas, A., & Murano, D. (2024). Examining SEB skills' incremental validity over personality traits in predicting academic achievement. *PLoS ONE*, *19*, e0296484.
- Soto, C. J.**, Napolitano, C. M., Sewell, M. N., Yoon, H. J., Murano, D., Casillas, A., & Roberts, B. W. (2023). What I do and what I *can* do: Testing the convergence and incremental validity of social, emotional, and behavioral skills vs. traits for predicting academic success. *Journal of Research in Personality*, *104*, 104382.
- Hang, Y., **Soto, C. J.**, Lee, B., Speyer, L. G., Murray, A. L., & Mottus, R. (2023). Social expectations and abilities to meet them as possible mechanisms of youth personality development. *Journal of Personality*, *91*, 601-612.
- Lignier, B., Petot, J.-M., Canada, B., De Oliveira, P., Nicolas, M., Canada, B., Courtois, R., John, O. P., Plaisant, O., & **Soto, C. J.** (2023). Factor structure, psychometric properties, and

validity of the Big Five Inventory-2 facets: Evidence from the French adaptation (BFI-2-Fr). *Current Psychology*, 42, 26099-26114.

- Sewell, M. N., Napolitano, C. M., Roberts, B. W., **Soto, C. J.**, & Yoon, H. J. (2023). The social, emotional, and behavioral skill antecedents to college students' volunteering during the COVID-19 pandemic. *Journal of Research on Adolescence*, 33, 618-631.
- Vize, C. E., Sharpe, B. M., Miller, J. D., Lynam, D. R., & **Soto, C. J.** (2023). Do the Big Five personality traits interact to predict life outcomes? Systematically testing the prevalence, nature, and effect size of trait by trait moderation. *European Journal of Personality*, 37, 605-625.
- Soto, C. J.**, Napolitano, C. M., Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2022). An integrative framework for conceptualizing and assessing social, emotional, and behavioral skills: The BESSI. *Journal of Personality and Social Psychology*, 123, 192-222.
- Denissen, J. J. A., **Soto, C. J.**, Geenen, R., John, O. P., & van Aken, M. A. G. (2022). Incorporating prosocial vs. antisocial trait content in Big Five measurement: Lessons from the Big Five Inventory-2 (BFI-2). *Journal of Research in Personality*, 96, 104147.
- Føllesdal, H., & **Soto, C. J.** (2022). The Norwegian adaptation of the Big Five Inventory-2. *Frontiers in Psychology*, 13, 858920.
- Gallardo-Pujol, D., Rouco, V., Cortijos-Bernabeu, A., Oceja, L., **Soto, C. J.**, & John, O. P. (2022). Factor structure, gender invariance, measurement properties and short forms of the Spanish adaptation of the Big Five Inventory-2 (BFI-2). *Psychological Test Adaptation and Development*, 3, 44-69.
- Lechner, C. M., Knopf, T., Napolitano, C. M., Rammstedt, B., Roberts, B. W., **Soto, C. J.**, & Spengler, M. (2022). The Behavioral, Emotional, and Social Skills Inventory (BESSI): Psychometric properties of a German-language adaptation, temporal stabilities of the skills, and associations with personality and intelligence. *Journal of Intelligence*, 10, 63.
- Mishkevich, A. M., Shchebetenko, S. A., Kalugin, A. Y., **Soto, C. J.**, & John, O. P. (2022). The short and extra-short forms of the Russian version of the Big Five Inventory-2: BFI-2-S and BFI-2-XS. *Psikhologicheskii Zhurnal*, 43, 95-108.
- Sewell, M. N., **Soto, C. J.**, Napolitano, C. M., Yoon, H. J., & Roberts, B. W. (2022). Survey data of social, emotional, and behavioral skills among seven independent samples. *Data in Brief*, 40, 107792.
- Stewart, R. D., Möttus, R., Seeboth, A., **Soto, C. J.**, & Johnson, W. (2022). The finer details? The predictability of life outcomes from Big Five domains, facets, and nuances. *Journal of Personality*, 90, 167-182.
- Yoshino, S., Shimotsukasa, T., Oshio, A., Hashimoto, Y., Ueno, Y., Mieda, T., Migiwa, I., Sato, T., Kawamoto, S., **Soto, C. J.**, & John, O. P. (2022). A validation of the Japanese adaptation of the Big Five Inventory-2 (BFI-2-J). *Frontiers in Psychology*, 13, 924351.

- Zhang, B., Li, Y. M., Li, J., Luo, J., Ye, Y., Yin, L., Chen, Z., **Soto, C. J.**, & John, O. P. (2022). The Big Five Inventory-2 in China: A comprehensive psychometric evaluation in four diverse samples. *Assessment, 29*, 1262-1284.
- Soto, C. J.** (2021). Do links between personality and life outcomes generalize? Testing the robustness of trait-outcome associations across gender, age, ethnicity, and analytic approaches. *Social Psychological and Personality Science, 12*, 118-130.
- Soto, C. J.**, Napolitano, C. M., & Roberts, B. W. (2021). Taking skills seriously: Toward an integrative model and agenda for social, emotional, and behavioral skills. *Current Directions in Psychological Science, 30*, 26-33.
- Atherton, O. E., Chung, J. M., Harris, K., Rohrer, J. M., Condon, D. M., Cheung, F., Vazire, S., Lucas, R. E., Donnellan, M. B., Mroczek, D. K., **Soto, C. J.**, Antonoplis, S., Damian, R. I., Funder, D. C., Srivastava, S., Fraley, R. C., Jach, H., Roberts, B. W., Smillie, L. D., Sun, J., Tackett, J. L., Weston, S. J., Harden, K. P., & Corker, K. S. (2021). Why has personality psychology played an outsized role in the credibility revolution? *Personality Science, 2*, 1-21.
- Cemalcilar, Z., Baruh, L., Kezer, M., **Soto, C. J.**, & John, O. P. (2021). Testing the BFI-2 in a non-WEIRD community sample. *Personality and Individual Differences, 182*, 111087.
- Danner, D., Lechner, C. M., **Soto, C. J.**, & John, O. P. (2021). Modeling the incremental value of personality facets: The domains-incremental facets-acquiescence bifactor model (DIFAB). *European Journal of Personality, 35*, 67-84.
- Hang, Y., **Soto, C. J.**, Speyer, L. G., Haring, L., Lee, B., Ostendorf, F., & Mottus, R. (2021). Age differences in the personality hierarchy: A replication across the life span. *Journal of Research in Personality, 93*, 104121.
- Kalugin, A., Shchebetenko, S., Mishkevich, A., **Soto, C. J.**, & John, O. P. (2021). Psychometric properties of the Russian version of the Big Five Inventory-2. *Psychology Journal of the Higher School of Economics, 18*, 7-33.
- Napolitano, C. M., Sewell, M. N., Yoon, H. J., **Soto, C. J.**, & Roberts, B. W. (2021). Social, emotional, and behavioral skills: An integrative model of the skills associated with success during adolescence and across the life span. *Frontiers in Education, 6*, 679561.
- Shiner, R. L., **Soto, C. J.**, & De Fruyt, F. (2021). Personality assessment of children and adolescents. *Annual Review of Developmental Psychology, 3*, 113-137.
- Vedel, A., Wellnitz, K. B., Ludeke, S., **Soto, C. J.**, John, O. P., & Andersen, S. C. (2021). Development and validation of the Danish Big Five Inventory-2: Domain- and facet-level structure, construct validity, and reliability. *European Journal of Psychological Assessment, 37*, 42-51.

- Xu, X., **Soto, C. J.**, & Plaks, J. E. (2021). Beyond Openness to Experience and Conscientiousness: Testing links between lower-level personality traits and American political orientation. *Journal of Personality, 89*, 754-773.
- Anderson, C., Sharps, D. L., **Soto, C. J.**, & John, O. P. (2020). People with disagreeable personalities (selfish, combative, and manipulative) do not have an advantage in pursuing power at work. *Proceedings of the National Academy of Sciences, 117*, 22780-22786.
- Denissen, J. J. A., Geenen, R., **Soto, C. J.**, John, O. P., & van Aken, M. A. G. (2020). The Big Five Inventory–2 (BFI-2): Replication of psychometric properties of the Dutch adaptation and first evidence for the discriminant predictive validity of the facet scales. *Journal of Personality Assessment, 3*, 309-324.
- Halama, P., Kohút, M., **Soto, C. J.**, & John, O. P. (2020). Slovak adaptation of the Big Five Inventory (BFI-2): Psychometric properties and initial validation. *Studia Psychologica, 62*, 74-87.
- Hřebíčková, M., Jelínek, M., Květon, P., Benkovič, A., Botek, M., Sudzina, F., **Soto, C. J.**, & John, O. P. (2020). Five-factor questionnaire BFI-2: Hierarchical model with 15 subscales. *Ceskoslovenska Psychologie, 64*, 437-460.
- Kohút, M., Halama, P., **Soto, C. J.**, & John, O. P. (2020). Psychometric properties of Slovak short and extra-short forms of Big Five Inventory–2 (BFI-2). *Československá psychologie, 64*, 550-563.
- Rammstedt, B., Danner, D., **Soto, C. J.**, & John, O. P. (2020). Validation of the short and extra-short forms of the Big Five Inventory-2 (BFI-2) and their German adaptations. *European Journal of Psychological Assessment, 36*, 149-161.
- Shchebetenko, S., Kalugin, A., Mishkevich, A., **Soto, C. J.**, & John, O. P. (2020). Measurement invariance and sex and age differences of the Big Five Inventory-2: Evidence from the Russian version. *Assessment, 27*, 472-486.
- Soto, C. J.** (2019). How replicable are links between personality traits and consequential life outcomes? The Life Outcomes of Personality Replication Project. *Psychological Science, 30*, 711-727.
- Soto, C. J.**, & John, O. P. (2019). Optimizing the length, width, and balance of a personality scale: How do internal characteristics affect external validity? *Psychological Assessment, 31*, 444-459.
- Danner, D., Rammstedt, B., Bluemke, M., Lechner, C., Berres, S., Knopf, T., **Soto, C. J.**, & John, O. P. (2019). The Big Five Inventory–2: Validating a personality inventory to capture 5 personality domains and 15 facets. *Diagnostica, 65*, 121-132.
- Malka, A., Lelkes, Y., & **Soto, C. J.** (2019). Are cultural and economic conservatism positively correlated? A large-scale cross-national test. *British Journal of Political Science, 49*, 1045-1069.

- Soto, C. J., & John, O. P.** (2017). The next Big Five Inventory (BFI-2): Developing and assessing a hierarchical model with 15 facets to enhance bandwidth, fidelity, and predictive power. *Journal of Personality and Social Psychology, 113*, 117-143.
- Soto, C. J., & John, O. P.** (2017) Short and extra-short forms of the Big Five Inventory–2: The BFI-2-S and BFI-2-XS. *Journal of Research in Personality, 68*, 69-81.
- Mõttus, R., **Soto, C. J.**, & Slobodskaya, H. (2017). Are all kids alike? The magnitude of individual differences in personality characteristics tends to increase from early childhood to early adolescence. *European Journal of Personality, 31*, 313-328.
- Soto, C. J.** (2016). The Little Six personality dimensions from early childhood to early adulthood: Mean-level age and gender differences in parents' reports. *Journal of Personality, 84*, 409-422.
- Malka, A., Osborne, D., **Soto, C. J.**, Greaves, L., Sibley, C. G., & Lelkes, Y. (2016). Binding moral foundations and the narrowing of ideological conflict to the traditional morality domain. *Personality and Social Psychology Bulletin, 42*, 1243-1257.
- Soto, C. J.** (2015). Is happiness good for your personality? Concurrent and prospective relations of the Big Five with subjective well-being. *Journal of Personality, 83*, 45-55.
- Soto, C. J., & Tackett, J. L.** (2015). Personality traits in childhood and adolescence: Structure, development, and outcomes. *Current Directions in Psychological Science, 24*, 358-362.
- Malka, A., & **Soto, C. J.** (2015). Rigidity of the economic right? Menu-independent and menu-dependent influences of psychological dispositions on political attitudes. *Current Directions in Psychological Science, 24*, 137-142.
- Soto, C. J., & John, O. P.** (2014). Traits in transition: The structure of parent-reported personality traits from early childhood to early adulthood. *Journal of Personality, 82*, 182-199.
- Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2014). Do needs for security and certainty predict cultural and economic conservatism? A cross-national analysis. *Journal of Personality and Social Psychology, 106*, 1031-1051.
- Soto, C. J., & Luhmann, M.** (2013). Who can buy happiness? Personality traits moderate the effects of stable income differences and income fluctuations on life satisfaction. *Social Psychological and Personality Science, 4*, 47-54.
- Soto, C. J., & John, O. P.** (2012). Development of Big-Five domains and facets in adulthood: Mean-level age trends and broadly versus narrowly acting mechanisms. *Journal of Personality, 80*, 881-914.
- Soto, C. J., John, O. P., Gosling, S. D., & Potter, J.** (2011). Age differences in personality traits from 10 to 65: Big Five domains and facets in a large cross-sectional sample. *Journal of Personality and Social Psychology, 100*, 330-348.

- Malka, A., & Soto, C. J. (2011). The conflicting influences of religiosity on attitude toward torture. *Personality and Social Psychology Bulletin*, 37, 1091-1103.
- Malka, A., Soto, C. J., Cohen, A. B., & Miller, D. T. (2011). Religiosity and social welfare: Competing influences of cultural conservatism and prosocial value orientation. *Journal of Personality*, 79, 763-792.
- Orth, U., Robins, R. W., & Soto, C. J. (2010). Tracking the trajectory of shame, guilt, and pride across the life span. *Journal of Personality and Social Psychology*, 99, 1061-1071.
- Soto, C. J., & John, O. P. (2009a). Ten facet scales for the Big Five Inventory: Convergence with NEO PI-R facets, self-peer agreement, and discriminant validity. *Journal of Research in Personality*, 43, 84-90.
- Soto, C. J., & John, O. P. (2009b). Using the California Psychological Inventory to assess the Big Five personality domains: A hierarchical approach. *Journal of Research in Personality*, 43, 25-38.
- Soto, C. J., John, O. P., Gosling, S. D., & Potter, J. (2008). The developmental psychometrics of Big Five self-reports: Acquiescence, factor structure, coherence, and differentiation from ages 10 to 20. *Journal of Personality and Social Psychology*, 94, 718-737.
- Helson, R., & Soto, C. J. (2005). Up and down in middle age: Monotonic and nonmonotonic changes in roles, status, and personality. *Journal of Personality and Social Psychology*, 89, 194-204.

#### **PUBLICATIONS: HANDBOOK CHAPTERS AND ADDITIONAL PUBLICATIONS**

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- Rammstedt, B., Roemer, L., Behr, D., Bluemke, M., Lechner, C., Dept, S., Wayrynen, L., Soto, C. J., & John, O. P. (2024) Going global: 39 language versions of the BFI-2-XS. *OECD Education Working Papers*, 309.
- Soto, C. J., Sewell, M. N., & Napolitano, C. M. (2022). What psychological skills matter most for happiness and success? *Character & Context*. <https://spsp.org/news/character-and-context-blog/soto-sewell-napolitano-5-important-social-skills>
- Denissen, J. J. A., Soto, C. J., Geenen, R., John, O. P., & van Aken, M. A. G. (2022). Correspondence: Matters arising from Lee et al. (2022). *Personality and Individual Differences*, 199, 111838.
- Soto, C. J. (2020). Commentary: Four confessions from a Big Fiver about a six-dimensional model of personality traits. *European Journal of Personality*, 34, 549-550.
- Soto, C. J., & Jackson, J. J. (2020). Five-factor model of personality. In Dana S. Dunn (Ed.), *Oxford Bibliographies in Psychology*. New York, NY: Oxford.

- Federico, C. M., Johnston, C. D., Lavine, H., Lelkes, Y., Malka, A., & **Soto, C. J.** (2020). Will the coronavirus make conservatives love government spending? *The Washington Post Monkey Cage*. <https://www.washingtonpost.com/politics/2020/04/15/will-coronavirus-make-conservatives-love-government-spending>
- Soto, C. J.** (2018). Big Five personality traits. In M. H. Bornstein, M. E. Arterberry, K. L. Fingerman, & J. E. Lansford (Eds.), *The SAGE encyclopedia of lifespan human development* (pp. 240-241). Thousand Oaks, CA: Sage.
- Soto, C. J.**, & Sheets, E. S. (2018). Commentary: Moving toward an integrative understanding of personality disorder: It's about time. *European Journal of Personality*, *32*, 587-588.
- Soto, C. J.** (2016). Personality can change over a lifetime, and usually for the better. *NPR Health Shots*. <https://www.npr.org/sections/health-shots/2016/06/30/484053435/personality-can-change-over-a-lifetime-and-usually-for-the-better>
- Soto, C. J.**, Kronauer, A.,\* & Liang, J. K.\* (2016). Five-factor model of personality. In S. K. Whitbourne (Ed.), *Encyclopedia of adulthood and aging* (Vol. 2, pp. 506-510). Hoboken, NJ: Wiley.
- Danner, D., Rammstedt, B., Bluemke, M., Treiber, L., Berres, S., **Soto, C. J.**, & John, O.P. (2016). The German version of the Big Five Inventory–2 (BFI-2). *Zusammenstellung sozialwissenschaftlicher Items und Skalen*.
- Malka, A., & **Soto, C. J.** (2014). Commentary: How encompassing is the effect of negativity bias on political conservatism? *Behavioral and Brain Sciences*, *37*, 320-321.
- John, O. P., Naumann, L., & **Soto, C. J.** (2008). Paradigm shift to the integrative Big Five taxonomy: History, measurement, and conceptual issues. In O. P. John, R. W. Robins, & L. A. Pervin (Eds.), *Handbook of personality: Theory and research* (3rd ed., pp. 114-158). New York, NY: Guilford.
- John, O. P., & **Soto, C. J.** (2007). The importance of being valid: Reliability and the process of construct validation. In R. W. Robins, R. C. Fraley, & R. F. Krueger (Eds.), *Handbook of research methods in personality psychology* (pp. 461-494). New York, NY: Cambridge University Press.
- Helson, R., **Soto, C. J.**, & Cate, R. A. (2006). From young adulthood through the middle ages. In D. K. Mroczek & T. D. Little (Eds.), *Handbook of personality development* (pp. 337-352). Hillsdale, NJ: Erlbaum.

\* indicates a student author.

#### **SYMPOSIUM PRESENTATIONS AND INVITED TALKS**

- Soto, C. J.** (2025, October). *Insights on adults' social and emotional skills*. Panelist for a webinar presented by the Organisation for Economic Co-operation and Development.

- Soto, C.J.,** Hudson, N. W., Napolitano, C. M., Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2025, July). *Practice makes perfect: A behavioral challenge intervention to develop social, emotional, and behavioral skills*. Talk presented at the biennial meeting of the International Society for the Study of Individual Differences, Vienna, Austria.
- Soto, C. J.** (2025, July). *A skills-based approach to volitional personality change: Conceptual promise, preliminary evidence, and future prospects*. Invited talk presented at the 2025 European Association for Personality Psychology Virtual Award Ceremony.
- Soto, C.J.,** Hudson, N. W., Napolitano, C. M., Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2025, June). *Practice makes perfect: A behavioral challenge intervention to develop social, emotional, and behavioral skills*. Talk presented at the biennial meeting of the Association for Research in Personality, Evanston, IL.
- Soto, C. J.** (2025, June). *Considering youth leadership development from a skill perspective: Implications and applications*. Talk presented at Building a Framework for Youth Leadership: An Expert Workshop, Evanston, IL.
- Soto, C. J.** (2025, April). *A skills-based approach to volitional personality change: Conceptual promise, preliminary evidence, and future prospects*. Talk presented at the Spring 2025 meeting of the Targeted Personality Development Network, Kassel, Germany.
- Soto, C. J.,** Napolitano, C. M., Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2024, August). *How is a trait (not) like a skill? Similarities and differences between personality traits and social, emotional, and behavioral skills*. Paper presented at the European Conference on Personality, Berlin, Germany.
- Soto, C. J.** (2024, April). *How is a trait (not) like a skill? Similarities and differences in structure, assessment, development, and outcomes*. Invited keynote address presented at the World Conference on Personality, Willemstad, Curaçao.
- Soto, C. J.,** Napolitano, C. M., Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2023, October). *What I tend to do and what I am capable of doing: Temperament, personality traits, and social, emotional, and behavioral skills*. Paper presented at the Occasional Temperament Conference, Orford, Québec, Canada.
- Soto, C. J.,** Napolitano, C. M., Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2022, July). *An integrative framework for conceptualizing and assessing social, emotional, and behavioral skills: The BESSI*. Paper presented at the European Conference on Personality, Madrid, Spain.
- Soto, C. J.** (2022, June). *Personality traits, personal styles, and team culture*. Invited talk presented to the Baltimore Ravens, Owings Mills, MD.
- Soto, C. J.,** Napolitano, C. M., Sewell, M. N., Yoon, H. J., & Roberts, B. W. (2021, May). *An integrative framework for conceptualizing and assessing social, emotional, and behavioral skills: The BESSI*. Paper presented at the annual meeting of the Association for Psychological Science.

- Soto, C. J.** (2020, September). How robust is personality research? *Testing the replicability and generalizability of trait-outcome associations*. Invited talk presented at Colby College, Waterville, ME.
- Danner, D., Lechner, C., **Soto, C. J.**, & John, O. P. (2020, September). *The added value of personality facets compared to domains: The DFAB model*. Paper presented at the biennial meeting of the German Psychological Society and the Austrian Society of Psychology, Vienna, Austria.
- Napolitano, C. M., Budesheim, E., **Soto, C. J.**, & Roberts, B. W. (2020, March). *The BESSI: A comprehensive taxonomy and measure of socioemotional skills*. Paper accepted for presentation at the annual meeting of the Society for Research on Adolescence, San Diego, CA.
- Soto, C. J.** (2019, November). *Personality traits across the life span: How they develop and why they matter*. Invited talk presented at the University of New Hampshire, Durham, NH.
- Soto, C. J.** (2019, October). *Personality traits across the life span: How they develop and why they matter*. Invited talk presented at the University of Massachusetts, Amherst, MA.
- Soto, C. J.** (2019, June). *How replicable are links between personality traits and consequential life outcomes? The Life Outcomes of Personality Replication Project*. Paper presented at the biennial meeting of the Association for Research in Personality, Grand Rapids, MI.
- Soto, C. J.** (2019, May). *How replicable are links between personality traits and consequential life outcomes? The Life Outcomes of Personality Replication Project*. Invited paper presented at the annual meeting of the Association for Psychological Science, Washington, DC.
- Soto, C. J.** (2019, March). *How replicable are links between personality traits and consequential life outcomes? The Life Outcomes of Personality Replication Project*. Invited paper presented at the International Conference on Psychological Science, Paris, France.
- Soto, C. J.** (2018, September). *The Big Five Inventory–2: Development, validation, and current research*. Invited paper presented at the 2018 meeting of the Francophone Association of Studies and Research on Personality Disorders, Mons, Belgium.
- Soto, C. J.** (2018, July). *How replicable are links between personality traits and consequential life outcomes? The Life Outcomes Of Personality Replication Project*. Paper presented at the European Conference on Personality, Zadar, Croatia.
- Soto, C. J.**, Tackett, J. L., & John, O. P. (2017, June). *Measuring the Big Five in little kids: Developmental trends in the properties of youth self-reports and parent-reports on the Big Five Inventory-2*. Paper presented at the biennial meeting of the Association for Research in Personality, Sacramento, CA.
- Malka, A., Lelkes, Y., & **Soto, C. J.** (2017, June). *Cross-national differences in political attitude structure: On the prevalence of protection vs. freedom attitude organization*. Paper presented

at the annual meeting of the International Society of Political Psychology, Edinburgh, Scotland.

Bourne, K.,\* Grant, S.,\* Perlmutter, J.\*, & **Soto, C. J.** (2017, January). *Who I am with you: Friends shift toward a friendship-specific personality.* Paper presented at the SPSP Close Relationships Preconference, San Antonio, TX.

Malka, A., Lelkes, Y., & **Soto, C. J.** (2017, January). *Cross-national differences in political attitude structure: On the prevalence of protection vs. freedom attitude organization.* Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

**Soto, C. J.**, & John, O. P. (2016, September) *Effects of scale length, width, and balance on external validity: Illustrations using the BFI-2.* Paper presented at a European Association of Personality Psychology expert meeting on personality assessment, Oostduinkerke, Belgium.

Danner, D., Rammstedt, B., Soto, C. J., & John, O. P. (2016, September). *The German version of the BFI-2: Adaptation and validation.* Paper presented at the biennial meeting of the German Psychological Society, Leipzig, Germany.

Rammstedt, B., Danner, D., **Soto, C. J.**, & John, O. P. (2016, July). *The German version of the BFI-2: Adaptation and validation.* Paper presented at the European Conference on Personality, Timisoara, Romania.

**Soto, C. J.**, Tackett, J. L., & John, O. P. (2016, April). *Using the Big Five Inventory-2 to describe youth personality traits: Measurement properties, hierarchical structure, and predictive power.* Paper presented at the World Conference on Personality, Buzios, Brazil.

**Soto, C. J.**, & John, O. P. (2016, January). *The next Big Five Inventory (BFI-2): Assessing personality domains and facets to enhance bandwidth, fidelity, and predictive power.* Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2016, January). *Rigidity of the economic right? A large-scale cross-national study.* Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

**Soto, C. J.**, & John, O. P. (2015, June). *Conceptualization, development, and initial validation of the Big Five Inventory-2.* Paper presented at the biennial meeting of the Association for Research in Personality, St. Louis, MO.

**Soto, C. J.** (2015, May). *Is happiness good for your personality? Concurrent and prospective relations of the Big Five with subjective well-being.* Paper presented at the annual meeting of the Association for Psychological Science, New York, NY.

Wylie, M.,\* & **Soto, C. J.** (2015, May). *How perfect are you? Exploring the link between perfectionism, self-esteem, and response to feedback across multiple domains.* Paper presented at Mainely Data, Biddeford, ME.

- Soto, C. J.** (2014, July). *The Little Six personality traits from early childhood into early adulthood: Mean-level age and gender differences in parents' reports*. Paper presented at the European Conference on Personality, Lausanne, Switzerland.
- Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2014, July). *Do needs for security and certainty predict cultural and economic conservatism? A cross-national analysis*. Paper presented at the annual meeting of the International Society for Political Psychology, Rome, Italy.
- Soto, C. J.** (2014, April). *When, how, and why does personality change?* Invited talk presented at Colby College, Waterville, ME.
- Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2014, February). *Dispositional predictors of cultural and economic conservatism: The role of political discourse*. Paper presented at the SPSP Political Psychology Preconference, Austin, TX.
- Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2013, September). *Do dispositional needs for security and certainty predict cultural and economic conservatism? A cross-national analysis*. Paper presented at the annual meeting of the Society for Experimental Social Psychology, Berkeley, CA.
- Soto, C. J.**, & John, O. P. (2013, June). *The structure of personality parent-reports from early childhood to early adulthood: Hierarchical organization, foundational dimensions, and shifts in meaning*. Paper presented at the biennial meeting of the Association for Research in Personality, Charlotte, NC.
- Soto, C. J.**, & John, O. P. (2013, March). *Traits in transition: The structure of personality parent-reports from early childhood to early adulthood*. Paper presented at the World Conference on Personality, Stellenbosch, South Africa.
- Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2013, January). *Psychological dispositions and political attitudes: Distinguishing the broad and narrow ideology hypotheses*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Malka, A., **Soto, C. J.**, Inzlicht, M., & Lelkes, Y. (2013, January). *The psychological origins of cultural and economic political attitudes: A cross-national analysis*. Paper presented at the SPSP Cultural Psychology Preconference, New Orleans, LA.
- Soto, C. J.** (2012, October). *Personality change across the life span*. Talk presented at a meeting of Active Older Adults, Waterville, ME.
- Soto, C. J.** (2012, August). *Measuring the Big Five personality dimensions in childhood and adolescence*. Paper presented at a meeting of the Ayrton Senna Foundation, the Organisation for Economic Co-operation and Development, and the Brazilian Ministry of Strategic Affairs, São Paulo, Brazil.

- Soto, C. J.,** John, O. P., Gosling, S. D., & Potter, J. (2012, July). *Age differences in the Big Five: When and why?* Paper presented at the European Conference on Personality, Trieste, Italy.
- Soto, C. J.,** & Luhmann, M. (2012, May). *Who can buy happiness? Personality traits moderate the effects of stable income differences and income fluctuations on life satisfaction.* Paper presented at Mainely Data, Waterville, ME.
- Soto, C. J.,** & John, O. P. (2012, January). *Causes of personality change in adulthood: Broadly versus narrowly acting mechanisms.* Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Soto, C. J.** (2011, September). *Personality change: When, how, and why?* Talk presented at Colby College, Waterville, ME.
- Soto, C. J.** & John, O. P. (2011, June). *Personality development “beneath” the Big Five: Facet-level age trends across four decades of adulthood.* Paper presented at the biennial meeting of the Association for Research in Personality, Riverside, CA.
- Soto, C. J.** (2011, May). *Development of Big-Five domains and facets in adulthood: Mean-level age trends and correlated versus independent changes.* Paper presented at Mainely Data, Lewiston, ME.
- Soto, C. J.** (2010, May). *Personality traits from ages 10 to 65: Structure and development.* Paper presented at Le Big Five dans Tous Ses États: Les Cinq Grandes Dimensions de la Personnalité par la Big Five Inventory, Paris, France.
- Soto, C. J.** (2010, May). *Age differences in personality traits from 10 to 65: Big-Five domains and facets in a large cross-sectional sample.* Paper presented at Mainely Data, Waterville, ME.
- Stillman, C.,\* Coane, J., & **Soto, C. J.** (2010, May). *The effects of aging and domain specificity on the survival processing advantage.* Paper presented at Mainely Data, Waterville, ME.
- Soto, C. J.** (2009, May). *Normative and individual personality change across adulthood.* Paper presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Soto, C. J.** (2005, May). *The structure of adolescents’ personality self-reports.* Paper presented at the annual Berkeley-Stanford Conference on Social and Personality Psychology, Palo Alto, CA.
- John, O. P., & **Soto, C. J.** (2004, October). *Factor structure in personality self-reports from ages 10 to 20.* Paper presented at the annual meeting of the Society of Multivariate Experimental Psychology, Naples, FL.

\* indicates a student author.

## **SYMPOSIA CHAIRED**

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Feraco, T., & **Soto, C.J.** (2025, July). *Social, emotional, and behavioral skills: Evidence from trait-focused and capacity-focused conceptualizations*. Symposium co-chaired at the biennial meeting of the International Society for the Study of Individual Differences, Vienna, Austria.

**Soto, C. J.** (2024, August). *Advances in understanding the development, assessment, and consequences of social, emotional, and behavioral skills*. Symposium chaired at the European Conference on Personality, Berlin, Germany.

**Soto, C. J.** (2022, July). *Conceptualization, assessment, and implications of social, emotional, and behavioral skills*. Symposium chaired at the European Conference on Personality, Madrid, Spain.

**Soto, C. J.** (2019, June). *Implications of the credibility revolution for personality science: Replication, collaboration, interpretation, and publication*. Symposium chaired at the biennial meeting of the Association for Research in Personality, Grand Rapids, MI.

**Soto, C. J.** (2018, July). *Personality meta-science: Recent changes, current status, and future prospects*. Symposium chaired at the European Conference on Personality, Zadar, Croatia.

**Soto, C. J., & John, O. P.** (2015, June). *Personality research with the Big Five Inventory: Past, present, and future*. Symposium co-chaired at the biennial meeting of the Association for Research in Personality, St. Louis, MO.

De Bolle, M., & **Soto, C. J.** (2014, July). *Personality traits at young age: Development and measurement*. Symposium co-chaired at the European Conference on Personality, Lausanne, Switzerland.

**Soto, C. J., & Shiner, R. L.** (2013, June). *Traits in transition: personality structure and development across childhood, adolescence, and early adulthood*. Symposium co-chaired at the biennial meeting of the Association for Research in Personality, Charlotte, NC.

## **POSTER PRESENTATIONS**

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Yoon, H. J., **Soto, C. J.**, Napolitano, C. M., Sewell, M. N., & Roberts, B. W. (2023, July). *Understanding the assessment, development, and outcomes of social, emotional, and behavioral skills*. Poster presented at the biennial meeting of the Association for Research on Personality, Evanston, IL.

Sewell, M. N., **Soto, C. J.**, Napolitano, C. M., Yoon, H. J., & Roberts, B. W. (2023, April). *Going beyond traits: Social, emotional, and behavioral skills matter for adolescents' success*. Poster presented at the annual meeting of the Society for Research on Adolescence, San Diego, CA.

Ouellette, C.,\* McCue, J.,\* & **Soto, C. J.** (2022, February). *Logging on: Exploring relations between personality traits and social media use during the Covid-19 pandemic*. Poster

presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.

- Yoon, H. J., Roberts, B. W., Sewell, M. N., Napolitano, C. M., & **Soto, C. J.** (2021, July). *Examining the incremental validity of social, emotional, and behavioral (SEB) skills over personality traits on achievement*. Poster presented at the biennial meeting of the Association for Research in Personality.
- Napolitano, C. M., **Soto, C. J.**, Maghsoodi, H. A., Tiwari, A., & Roberts, B. W. (2019, June). *Establishing a life-span taxonomy and measure of socio-emotional skills*. Poster presented at the biennial meeting of the Association for Research in Personality, Grand Rapids, MI.
- Kohút, M., Halama, P., Zitný, P., **Soto, C. J.**, & John, O. P. (2018, July). *Adaptation and psychometric properties of the Slovak version of the BFI-2*. Poster presented at the European Conference on Personality, Zadar, Croatia.
- Russell, A.,\* & **Soto, C. J.** (2017, July). *Estimating the reproducibility of associations between personality traits and life outcomes*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.
- Pham, J.,\* & **Soto, C. J.** (2015, July). *Building an online home for the Big Five Personality Inventories*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.
- Wylie, M.,\* & **Soto, C. J.** (2015, June). *How perfect are you? Exploring the link between perfectionism and self-esteem across life domains*. Poster presented at the biennial meeting of the Association for Research in Personality, St. Louis, MO.
- Yang, I.,\* DiBari, G.,\* & **Soto, C. J.** (2014, July). *Personality development from early childhood through early adulthood*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.
- Soto, C. J.**, Liang, J. K.,\* & Kronauer, A.\* (2014, February). *Is happiness good for your personality? Concurrent and prospective relations of the Big Five with subjective well-being*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Kronauer, A.,\* Liang, J. K.,\* & **Soto, C. J.** (2013, July). *Personality change you can believe in: Concurrent and prospective relations between the Big Five personality traits and subjective well-being*. Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.
- Soto, C. J.**, Liang, J.,\* & Wardell, C.,\* & John, O. P. (2013, January). *Traits in transition: The structure of personality parent-reports from early childhood to early adulthood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

- Liang, J.,\* Wardell, C.,\* & **Soto, C. J.** (2012, July). *The Big Five or the Little Six? Continuity and changes in personality structure from ages 3 to 20.* Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.
- Atkinson, N.,\* Blais, J.,\* Engelstad, J.,\* & **Soto, C. J.** (2012, January). *Fitting into happiness: Person-environment personality fit and subjective well-being.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Mathai, M.,\* Trafton, R.,\* Goldman, J.,\* & **Soto, C. J.** (2012, January). *How does completing a personality questionnaire affect subsequent behavior?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Hylek, L.,\* Thompson, A. K.,\* & **Soto, C. J.** (2011, July). *Tarot cards, tea leaves, and traits: Judging current personality and future personality change from brief life descriptions.* Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.
- Soto, C. J.,** & John, O. P. (2011, January). *Personality development "beneath" the Big Five: Facet-level age trends across four decades of adulthood.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Thompson, A. K.,\* **Soto, C. J.,** John, O. P., Gosling, S. D., & Potter, J. (2010, July). *Age and gender difference in the Big Five across ages 10-65.* Poster presented at the Colby Undergraduate Summer Research Retreat, The Forks, ME.
- Soto, C. J.,** John, O. P., Gosling, S. D., & Potter, J. (2010, January). *The development of Big-Five domains and facets from late childhood through middle age.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Soto, C. J.,** & John, O. P. (2008, February). *Personality trait structure during childhood and adolescence: Developmental trends in parents' reports.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Eng, J. S., **Soto, C. J.,** John, O. P., & Gross, J. (2007, January). *Regulation of specific emotions: Ethnicity and gender effects on reappraisal and suppression.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Soto, C. J.,** Gorchoff, S. M., & John, O. P. (2007, January). *Adult attachment styles and the Big Five: Different constructs or different contexts?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Soto, C. J.,** John, O. P., Gosling, S. D., & Potter, J. (2006, January). *The structural validity of Big-Five personality self-reports in late childhood and adolescence.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Soto, C. J.,** John, O. P., Gosling, S. D., Srivastava, S., & Potter, J. (2005, January). *Traits in transition: Associations between the Big Five and age during late childhood and adolescence.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

**Soto, C. J., & John, O. P.** (2004, February). *A new trick for an old dog: Issues in the construction of Big Five scales for the California Psychological Inventory*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

\* indicates a student author.

### **STUDENT PUBLICATIONS AND PRESENTATIONS MENTORED**

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Lambert, A. (2026, May). *Personality, biophilic design, and human well-being*. Honors talk presented to the Colby College Department of Psychology, Waterville, ME.

Chiang, M., Magauin, R., & Sim, N. (2026, April). *Do interpersonal character strengths mediate the link between agreeableness and well-being?* Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.

Glotzbach, A., Eliancy, D., & Asch, L. (2026, April). *Personality in context: Comparing personality traits in relationships*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.

Cafritz, J. (2024). Inadvertent user outcomes of health wearable technology. *American Journal of Undergraduate Research*, 71, 61-72.

Trofimchuk, V. (2023, May). *How victimization becomes victimhood: The role of personality and group identification*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.

Bates, A., Sadykova, D., Wims, H., & Zhong, H. (2023, April). *Who's got game? The effects of explicit self-esteem, rejection sensitivity, and attachment style on sociosexual activity*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.

Cafritz, J., Himel, J., Ouro-ntiyi, F., & Robbins, T. (2023, April). *Traits and weights: Personality, physical activity, and self-perceived health/body image*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.

Davy, L., Donatio, N., Mortell, J., & Thiero, A. (2023, April). *When phones become problematic: The relationship between personality, screen time, and anxiety*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.

Cerrato, H., Goodman-Leong, J., Trofimchuk, V. (2022, May). *Personality and friendship: The role of personality traits in actual and perceived friendship quality*. Poster presented for PS340 Collaborative Research in Personality Psychology, Waterville, ME.

Estey, S., Miller, S., & Li, Y. (2022, May). *Investigating stigma: The perceived association between personality traits and psychological disorders*. Poster presented for PS340 Collaborative Research in Personality Psychology, Waterville, ME.

- McCue, J. (2022, May). *What makes a good decision? Examining the relationships between personality, motivations, and decision-making*. Honors talk presented to the Colby College Department of Psychology, Waterville, ME.
- Enaye, L., Lui, K., Rodriguez, P., & Xuan, Y. (2021, May). *Effects of high school diversity and ethnicity on personality development*. Talk presented for PS340 Collaborative Research in Personality Psychology, Waterville, ME.
- Guevara, A., Lim, E., & Piermattei, A. (2021, May). *Attachment style and personality judgments*. Talk presented for PS340 Collaborative Research in Personality Psychology, Waterville, ME.
- Ouellette, C., Hogan, E., & McCue J. (2021, May). *Personality and social media*. Talk presented for PS340 Collaborative Research in Personality Psychology, Waterville, ME.
- Rizzo, S. M. (2019, May). *Bouncing back: The impact of personality on sports-related injury, rehabilitation, and recovery*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Adams, E. (2018, May). *Examining coping and resilience during emerging adulthood*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Balaban, A., Grossman, A., & Riehle, H. (2018, May). *Social support: The link between optimism and friendship quality*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Brandel, W., Brokaw, J., & Hauptman, T. (2018, May). *Character traits and social media: Personality's interaction with emotional responses to Instagram posts*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Fields, Z., Leitch, I., Melvin, R., & Reilly, M. (2018, May). *Accuracy of personality judgment through social media*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Grant, S. (2017, April). *Going beyond the Big Five: The Dark Triad, DSM-5, and prediction of normal and abnormal outcomes*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Adams, E., Hurdle-Price, J., & Middendorf, E. (2016, December). *The effects of person-major fit on academic performance and satisfaction*. Poster presented at the Colby College Psychology Department Poster Session, Waterville, ME.
- Bainbridge, E. L., Lo, Y., & Zhao, Y. (2016, December). *Procrastination, performance, and personality's dark side*. Poster presented at the Colby College Psychology Department Poster Session, Waterville, ME.
- Carroll, G., Harrington, G., & Zolper, N. (2016, December). *Are you the company you keep? Personality traits in extracurriculars*. Poster presented at the Colby College Psychology Department Poster Session, Waterville, ME.

- Butler, S., Heilbrunner, E., Heilbrunner, S., & Wolfington, C. (2016, April). *Personality, academic discipline, and career interests: How the Big Five predict college major and occupational interests*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Grant, S., Bourne, K., & Perlmutter, J. (2016, April). *Friendship and personality similarity: How personality changes between friends*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Minott, C. (2016, April). *Relations between study abroad experiences, personality, and well-being*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Johnson, M., Martin, N., & Pham, J. (2015, April). *The influence of personality traits on emotional responses in social acceptance and rejection*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Minott, C., Carney, E., & Tang, K. (2015, April). *How do personality traits and personality gender influence romantic partner preference?* Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Wylie, M. (2015, April). *How perfect are you? Exploring the link between perfectionism, self-esteem, and response to feedback across multiple domains*. Talk presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Hefferon, M., Robertson, M., & Cooper, A. (2014, May). *Personality traits and hook-up tendencies mediated by social group norms*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- O'Connell, K., Wylie, M., & Riendeau, J. (2014, May). *How old is your personality? An exploration of how Big Five traits mediate time perspective, social goals, and partner preferences in college students*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Southwick, C., Preziosi, M., & Nisky, D. (2014, May). *Self-monitoring across real world and digital contexts*. Poster presented at the Colby Liberal Arts Symposium, Waterville, ME.
- Goldman, J. (2012, May). *The self-esteem conundrum: Mediating mechanisms between parenting style and children's aggression*. Talk presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Becker, L., & Novak, K. (2012, May). *BFFs or Frenemies? The effects of conflict-style self-reports, personality self-reports, and personality similarity on conflict resolution between friends*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Garvin, C., & Maney, C. (2012, May). *Streamlining PSAs: Effects of ad framing and regulatory focus on message persuasiveness*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.

- Atkinson, N., Blais, J., & Engelsted, J. (2011, May). *Fitting the Colby personality: Predicting subjective well-being through undergraduate personality comparisons*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Goldman, J., Mathai, M., & Trafton, R. (2011, May). *The effects of self-awareness on behavior*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Ha, L., Yoshida, Y., & Billington, K. (2011, May). *It's all your fault: The effect of narcissism on the interpretation of ambiguous feedback*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Marquez, A. M., Erickson, K. J., & Hughes, B. C. (2011, May). *The effects of maternal care on neophobic traits in rats*. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Grasser, E., Bernheimer, H., & Newman, J. (2010, May). Narcissism in declared majors and intended career goals. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Lumbert, C., Gross, B., & Scarpato, S. (2010, May). Self-efficacy, the Big Five, and performance. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Stillman, C. (2010, May). *The effects of aging on the survival processing advantage in memory*. Talk presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Thomas, C. B., & Fenstermacher, A. (2010, May). The relationship between adult attachment style and the future plans of college seniors. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Dean, M., & Cameron, S. (2009, May). Self, school, sports: The relationships among general personality, role-specific personalities, and role-specific outcomes. Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.
- Tumilty, M., & Tasi, B. (2009, May). Do magazine quizzes correlate with the Big Five Inventory? Poster presented at the Colby Undergraduate Research Symposium, Waterville, ME.

## **PRESS COVERAGE OF RESEARCH**

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*The Agenda, with Steve Paikin*  
*Association for Psychological Science Observer*  
*The Atlantic*  
*British Psychological Society Research Digest*  
*Business Insider*  
*Colby Magazine*  
*The Daily Cal*

*FiveThirtyEight*  
*Forbes*  
*The Guardian*  
*The Janice and Cory Show*  
*LiveScience.com*  
*The Montreal Gazette*  
*New York Magazine*  
*The New York Times*  
*NPR*  
*The Personality Psychology Podcast*  
*Psychologie Heute*  
*PsychologyToday.com*  
*Science*  
*Süddeutsche Zeitung*  
*Think, with Krys Boyd*  
*The Think Tank, with Garland Robinette*  
*Time Magazine*  
*Today*  
*The Wall Street Journal*  
*The Well+Good Podcast*  
*The World Today, with Jon McComb*  
*WSJ Live: Lunch Break*

## **TEACHING EXPERIENCE**

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**Professor of Psychology**, Colby College 2009–Present

PS111 Introduction to Psychology  
PS214 Research Methods and Statistics in Psychology I  
PS214L Research Methods and Statistics in Psychology I Laboratory  
PS251 Personality Psychology  
PS339/340 Seminar and Collaborative Research in Personality Psychology  
PS420 Senior Integrative Seminar

**Adjunct Instructor in Psychology**, California State University, East Bay 2007

PSYC2020 Methods of Investigation in Psychology

**Teaching Assistant in Psychology**, University of California, Berkeley 2002–2007

PSY101 Research and Data Analysis in Psychology  
PSY150 Personality Psychology  
PSY160 Social Psychology  
PSY205A Data Analysis I (graduate course)  
PSY205B Data Analysis II (graduate course)

**Middle School Mathematics Teacher**, Greens Farms Academy 2000–2002  
**Middle School Mathematics Teacher**, New England Citybridge 1999

#### **ADDITIONAL PROFESSIONAL EXPERIENCE**

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**Webmaster** 2004–Present

Association for Research in Personality  
PersonalityLab.org

**Research Consultant** 2005–Present

Ayrton Senna Institute  
Boys & Girls Clubs of Lanier  
Brazilian Ministry of Strategic Affairs  
Educational Testing Service  
Organisation for Economic Co-operation and Development, Centre for Educational Research and Innovation, Programme for the International Assessment of Adult Competencies, Survey on Social and Emotional Skills  
University of California, Berkeley, Graduate School of Education  
World Bank, Living Standards Measurement Study, Socio-Emotional Skills Study

#### **EDITORIAL AND REVIEW SERVICE**

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##### **Editor and Editorial Board**

Consulting Editor, *Journal of Personality and Social Psychology* 2013–Present  
Consulting Editor, *European Journal of Personality* 2020–Present  
Guest Editor, *Journal of Personality and Social Psychology* 2019  
Consulting Editor, *Journal of Research in Personality* 2010–2017  
Consulting Editor, *Assessment* 2014–2015  
Co-Editor, *P: The Newsletter of the Association for Research in Personality* 2010–2013

##### **Ad Hoc Journal Reviewer**

*Advances in Methods and Practices in Psychological Science*  
*American Journal of Psychiatry*  
*American Psychologist*  
*Assessment*  
*British Journal of Educational Psychology*  
*British Journal of Psychology*  
*Child Development*

*Child Development Perspectives*  
*Collabra: Psychology*  
*Developmental Psychology*  
*Emotion Review*  
*European Journal of Personality*  
*Frontiers in Psychology*  
*Health Psychology*  
*Infant and Child Development*  
*International Journal of Wellbeing*  
*Journal of Affective Disorders*  
*Journal of Applied Psychology*  
*Journal of Educational Psychology*  
*Journal of Happiness Studies*  
*Journal of Personality*  
*Journal of Personality Assessment*  
*Journal of Personality and Social Psychology*  
*Journal of Research in Personality*  
*Journals of Gerontology*  
*Learning and Individual Differences*  
*Nature Communications*  
*Nature Human Behaviour*  
*Organizational Behavior and Human Decision Processes*  
*PeerJ*  
*Personality and Individual Differences*  
*Personality and Social Psychology Bulletin*  
*Personality and Social Psychology Review*  
*Personality Science*  
*Perspectives on Psychological Science*  
*PLoS ONE*  
*Political Psychology*  
*Proceedings of the National Academy of Sciences*  
*Psychiatry Research*  
*Psychological Assessment*  
*Psychological Bulletin*  
*Psychological Science*  
*Psychology and Aging*  
*Reading and Writing: An Interdisciplinary Journal*  
*Scientific Reports*  
*Social Psychological and Personality Science*

### **Ad Hoc Grant Reviewer**

*National Science Foundation*  
*Netherlands Organisation for Scientific Research*  
*Social Sciences and Humanities Research Council of Canada*  
*Templeton World Charity Foundation*

## **ADDITIONAL PROFESSIONAL SERVICE**

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### **Colby College**

Sona Research Participation System Coordinator	2009–2012, 2017–2019, 2025–Present
Faculty Mentor	2017–2018, 2020–2021, 2025–Present
Faculty Course Evaluation Committee, Member	2010–2012, 2025–Present
Psychology Department Workday Liaison	2024–Present
Psychology Department Qualtrics Liaison	2024–Present
Search Committee in Biology, Member	2026
Psi Chi, Co-Advisor	2026
Tenure Review Committee in Psychology, Member	2024–2025
Tenure Review Committee in Computer Science, Member	2024–2025
Search Committee in Psychology, Member	2009–2013, 2015–2025
Search Committee in Psychology, Chair	2017–2018, 2021–2024
Tenure Review Committee in Psychology, Member	2024
Promotion Review Committee in Psychology, Chair	2023–2024
Psychology Department Honors Research Coordinator	2015–2017, 2021–2024
Science Planning Public Health Subcommittee, Member	2023–2024
Department of Psychology, Chair	2021–2024
Science Planning Committee, Member	2023
Independent Majors Committee, Co-Chair	2021–2022
Independent Majors Committee, Member	2020–2021
Admitted Students Program, Spotlight Class	2019, 2021
Department of Psychology, Associate Chair	2017–2019
Institutional Review Board, Member	2010–2012, 2016–2019
Task Force on Review of All-College Distribution Requirements, Member	2016–2019
Colby Undergraduate Summer Research Retreat Planning Committee, Member	2016–2017
Tenure Review Committee in Biology, Member	2016–2017
Institutional Review Board, Chair	2013–2016
Search Committee in Sociology, Member	2015–2016
Colby Undergraduate Research Symposium, Session Chair	2011, 2015
Colby Undergraduate Summer Research Retreat, Session Co-Chair	2014
Search Committee in Economics, Member	2011–2012
Appeals Board, Member	2011

### **American Psychological Association**

Journal of Personality and Social Psychology EIC Search Committee, Member	2025–2026
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### **Society for Personality and Social Psychology**

Fellows Committee, Co-Chair	2023–2024
Fellows Committee, Member	2021–2023

Early Career Mentor	2016
Conference Program Committee, Member	2013–2014
Conference Poster Committee, Member	2012–2013

### **Association for Research in Personality**

Executive Committee, Member	2015–2017, 2021–2023
Web Committee, Chair	2013–2020
Conference Program Committee, Co-Chair	2018–2019
Conference Program Committee, Member	2016–2017

### **European Association for Personality Psychology**

European Conference on Personality Scientific Committee, Member	2025–2026
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### **University of California, Berkeley, Department of Psychology**

Computer Committee, Member	2007–2008
Website Committee, Member	2003–2007
Research Participation Program, Coordinator	2003–2004

## **HONORS, AWARDS, AND GRANTS**

Davis AI Institute Faculty Sabbatical Fellowship	2026–2027
Colby College Social Sciences Division Research Grant	2017–2022, 2025–2026
European Association for Personality Psychology Mid-Career Award	2025
Colby College Faculty Instructional Technology Fellowship	2025
Society for Personality and Social Psychology Fellowship	2020
Society for the Improvement of Psychological Science Commendation	2020
Society for Personality and Social Psychology Member Spotlight	2018
Colby College Faculty Research Grant	2009–2017
Society for Personality and Social Psychology Teacher/Scholar Travel Award	2016
Association for Research in Personality J.S. Tanaka Dissertation Award, Finalist	2009
National Science Foundation Graduate Research Fellowship	2003–2008
University of California Chancellor’s Opportunity Predoctoral Fellowship	2002–2007
Jacob K. Javitz Fellowship, Declined	2003
Magna cum laude, Harvard College	2000
Highest honors in Psychology, Harvard College	2000
John Harvard Scholarship for Academic Distinction	1996–2000
Harvard College Research Program	1999–2000

## **PROFESSIONAL AFFILIATIONS**

Association for Psychological Science

Association for Research in Personality  
European Association for Personality Psychology  
International Society for the Study of Individual Differences  
Society for Personality and Social Psychology  
Society for the Improvement of Psychological Science